

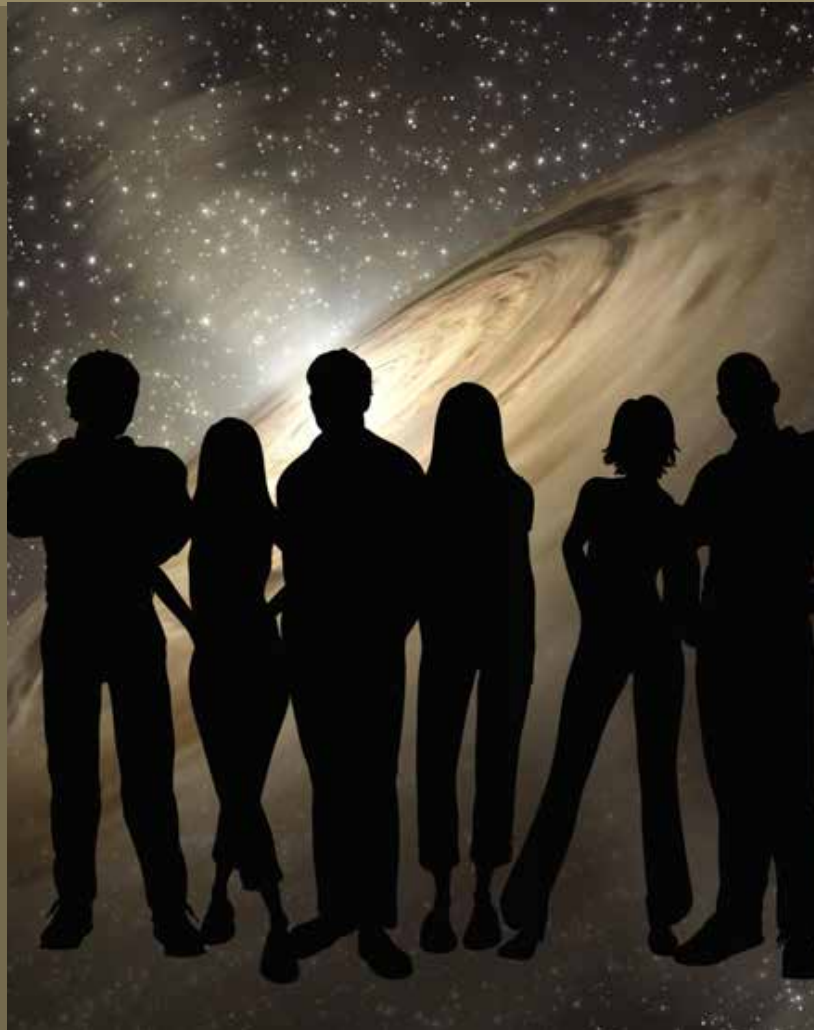
Eco Lifestyle And Home

Offering Real Estate & Lifestyle News For Albuquerque, Santa Fe, Taos Ski Valley & Beyond

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Consciousness

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Real Estate News Pages 13,15,16,17,18, 20, & 21

Read about some of our favorite homes for sale in Albuquerque, Santa Fe & Taos Ski Valley. Each month we will feature real estate properties that we love and other pertinent real estate information.



"Dog Treats – Banana Peanut Butter Crisps"

19



Consciousness

Consciousness is the quality or state of self-awareness, of being aware of an external object or something within oneself. It has been defined as: sentience, awareness, subjectivity, the ability to experience or to feel, wakefulness, having a sense of selfhood, and the executive control system of the mind.

Consciousness is not a fixed energy or quantity. Consciousness varies greatly from person to person, some people being much more aware, alert, wise, causal, loving, and happy in life than others. Consciousness of Self also varies in the same person in the normal daily cycle of sleeping and waking. Spirituality is all about the accumulation, conservation, and wise use of energy.

Our Monthly Newsletter Theme For June Consciousness



Consciousness is the ability or the amount of awareness of both Self and Other. This awareness can range from deep, dreamless sleep, to Cosmic Consciousness, which is total awareness of all that exists in all universes.

The term *collective consciousness* refers to the condition of the individual within the whole of society, and how any given individual comes to view themselves as a part of any given group. Collective consciousness represents the individual's relationship to a larger group or structure, but marks the sameness among members of that group, which act to make that group a cohesive whole. Scientists believe that animals - including humans - have a collective consciousness.

Through our own individual awakening process and our collective consciousness, we have a chance/choice to make positive changes/choices. Present media theorists often link the notion of collective consciousness to signal the internet as a major intermediary in the creation of a truly global society.

Peter Diamandis speaks eloquently at Ted Talks, Ted.com, about our ability to rapidly make positive changes in our world in a short amount of time through our growing collective consciousness.

"...Perhaps the tremendous progress we've made over the last century by a series of forces are, in fact, accelerating to a point that we have the potential in the next three decades to create a world of abundance. Now I'm not saying we don't have our set of problems -- climate crisis, species extinction, water and energy shortage.... What gives me tremendous confidence in the future is the fact that we are now more empowered as individuals to take on the grand challenges of this planet. We have the tools with this exponential technology. We have the capital of the techno-philanthropist... We are living into extraordinary decades ahead." - [Peter Diamandis](#)

There are signs everywhere that we humans are accelerating to create a world with a deeper sense of moral, spiritual physical & mental commitment to solve the world's problems and live life in abundance through our growing collective consciousness. How do we as individuals tap into this stream of consciousness? How will we take steps to be the change we want to pursue?

Thank you for reading our newsletter. – *Dianne McKenzie, Cecile Bodman, Aewyn and our content contributors.*

Events Around New Mexico

1. Festival Flamenco Internacional de Albuquerque

Sunday, June 08, 2014 5:00 pm - 12:34 pm
1701 4th st. SW Albuquerque, 87102

Join us for an afternoon filled with performances by groups and individuals from across the country, the united states premier of the Karime Amaya documentary "Bajari," and the start of the 5th history conference.



2. Farmers' Market in the Railyard

Saturday, June 14, 2014 through summer
8:00 am - 1:00 pm
1607 Paseo de Peralta, Santa Fe

Greens, Veggies, Grass-fed Meats, Goat and Cow Milk and Cheeses, Honey, Sprouts, Herbs, Crafts, Body Care Products... We accept WIC and EBT

3. SUMMER SCENIC CHAIR LIFT

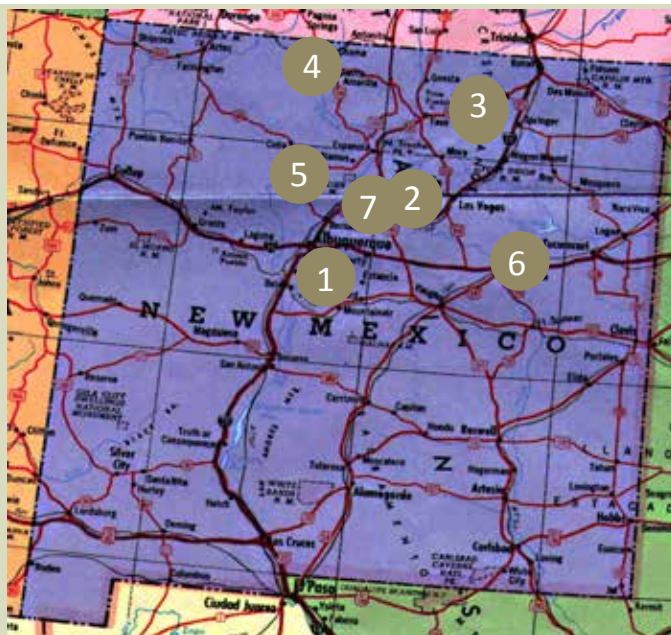
Friday, Saturday, Sunday & Mondays,
10:00 AM - 4:30 PM Taos Ski Valley

Taos Ski Valley's easiest and most relaxing way to escape the heat and enjoy the mountain scenery. Take in the spectacular views, blue skies and clear mountain air while riding the chairlift. At the top, experience unobstructed views of Wheeler Peak, West Basin Ridge, and abundant wildflowers.

4. Geology Train Cumbres & Toltec Scenic Railroad

Sunday, June 22, 2014 6:30 Am - 4:00 PM
500 Terrace Ave, Chama, 85720
Phone: 575-756-2151

A special train will depart to traverse spectacular geology along the 64 miles of Cumbres & Toltec track. But simply experiencing the incredible overviews of the Rio Grande Rift, the eruptive evidence of the San Juan Volcanic field, the Precambrian core of the Tusas Mountains, recent glacial deposits, and snapshots of the Jurassic.



5. White Rock Artist Market

Saturdays in June, July & August 10:00 AM - 3:00 PM
White Rock Visitor Center

An outdoor artist and artisan market featuring local Los Alamos and northern New Mexico artists.

6. City of Lakes Triathlon

Blue Hole Dive And Conference Center
Saturday, June 28, 2014
7:30 AM - 12:01 PM
1085 Blue Hole Road Santa Rosa, 88435

Finish line is at Blue Hole with race awards. Swim begins at Twin Lakes. Bike is on State Highway 91 South towards Puerto de Luna. Contact Details: andietalmadge@msn.com

7. Sunday Artisan Market at the Railyard

Sundays in June 10:00 AM - 4:00 PM
1607 Paseo De Peralta & Guadeloupe In The Railyard Santa Fe, Nm 87501

Fireworks Jewelry Show! Randy Allen, Imogen Goodshot Arquero, Katherine Chew, Sue Gibbons, Bernadette Gomez, , Jeni Kittleson, Carmen Senye, and Gabriela Silva bring on the dazzle with their gems. ALSO herbal body care artisans: Living Bliss Herbs, Resa Sawyer and Cindy Stone help us make it through the summer.

Take A Hike: Tent Rocks! with Cecilie Bodman



You all know how much I love Jemez and many spots between Albuquerque and Santa Fe.

Here is a really fun hike at Tent Rocks. Tent Rocks Canyon trail is 3 miles out and back hiking through a slot canyon with hoodos and striated rock formations. It is a religious site of the Cochiti Pueblo. Magical! It is shaded and might even have a little bit of moisture. Bring your camera and bird watching equipment!!! It is rated easy but does have a slight climb at the end. There are a couple other trails to explore as

well. One is handicap accessible.

Lets meet at the Range on Wyoming at 9:00 Saturday June 21st and head out from there. We can car pool. It is \$5 a car for parking. Please call me at 505-250-1356 to let me know you will be coming. Text or email works also.

Here is a great link to learn more:

http://www.blm.gov/nm/st/en/prog/recreation/rio_puerco/kasha_katuwe_tent_rocks.html

Directions:

From Albuquerque, take the exit for Santo Domingo/Cochiti Lake Recreation Area (Exit 259) off I-25 onto NM 22. Follow the signs on NM 22 to Cochiti Pueblo and Kasha-Katuwe Tent Rocks National Monument. Turn right off NM 22 at the Smoky Bear sign past the turquoise water tanks on the hill onto Tribal Route 92, which connects to BLM Road 1011. From the fee station, travel five miles to the national monument's designated parking/picnic area and trailhead.

From Santa Fe, take the Cochiti Pueblo Exit 264 off I-25 onto NM 16. Turn right off NM 16 onto NM 22, and follow the signs to Cochiti Pueblo and the national monument.



Feng Shui For Real Life with Carol Olmstead



www.FengShuiForRealLife.com

carol@FengShuiForRealLife.com



Create a Feng Shui Garden Sanctuary

Q: I just bought my first house and I finally have room to put in a small garden. I want to create a space to help me relax. Are there any Feng Shui recommendations?

A: No matter how much space you have available, you can create a Feng Shui garden sanctuary that will help you rest, relax, unwind, and nurture your spirit. Try to include representations of all Five Elements – Fire, Earth, Metal, Water, Wood – to help your garden feel balanced. For example hot pink will fill your space with energy, red represents romance, yellow brightens your spirit, orange encourages conversation, white and soft green add peaceful energy, blue and lavender help you relax and restore your spirit. And be sure to create pathways through the garden that gently curve and meander, rather than straight paths that push the energy through your garden too quickly.

Here are some other Feng Shui ideas for your garden retreat:

Art. Include a focal point such as a sculpture, brightly painted art on a wall, a gazing globe, a pottery urn, a hand-painted chair, or a art piece made by a friend to personalize your garden space.

Fragrance. Plant highly fragrant plants and herbs, such as lemon scented geraniums, lavender, roses, jasmine, or catmint, either in the ground or in a special pot.

Furnishings. If you want solitude, add only one chair to your garden sanctuary, but if you want to attract company, include a table with chairs.

Screening. Borders and boundaries are an important part of using Feng Shui in landscaping to create a sense of enclosure for your garden sanctuary, especially a beautiful stone wall, hedge, fence, or vine covered area.

Water. Whether you add a simple, free-standing fountain or install a waterfall, the soft sound of gently bubbling water against rocks adds a soothing rhythm that helps you get away from it all.

Be sure you control clutter in your garden sanctuary, including deadheading plants when their blooms fade and removing dead plant material. Whenever you can, choose plants with soft and rounded leaves, rather than spiky plants like cactus.



Life By The Numbers

- Cecilie Bodman

June Numerology

The Month of June is Number 4

The color: Green

Wear Emerald and Jade!

Be conscious, productive and organized. Get your life in order and attend to the details. Use self discipline and follow your schedule. Get up early and work on your projects as the work you do today will be lasting. Love what you are doing.

Gems: Emerald, Jade, Malachite, Watermelon and Green Tourmaline.

Oils: Sandalwood, Bergamont, Rose and Neroli

Yoga Poses: Heart Openers, Cobra, Camel

Affirmation For June:

“There is divine power in loving the work you do.”

Affirmation for the Month – June

“Why does the Universe
provide everything I need
today?”

“Affirmations”, ask empowering questions that cause your mind to focus on what you REALLY want and what you HAVE, and stop focusing on what you don’t want and don’t have.





Creating Clarity by Lainie Grimmer Consciousness

Has this ever happened to you? You're driving down the street and suddenly realize you don't remember how you got there. Or you're in a store's dressing room trying on clothes and suddenly realize you need to leave now. In a rush, you purchase the slacks with orange polka dots and horizontal black stripes. Once home, you wonder 'What in the world was I thinking?'

If you've ever experienced either of the above or similar incidents, the odds are pretty good that in those moments, you were going through the motions as a million thoughts were racing through your mind. You weren't conscious. How easy it is for a morning, day, week, a year to fly by when we live our lives unconsciously! And those awful slacks are now yours.

Consciousness is being aware of and sensing what is happening within and around you. We can be conscious on different levels: physically, emotionally mentally, and spiritually. We can also focus on being conscious for different lengths of time: a breath, an hour, a lifetime.

Why try to live a conscious life? As a life and business coach, I believe that each of us is naturally creative and resourceful, and when we're conscious, we're able to make decisions that are right for us. Consciousness not only helps us avoid accidents while driving and shopping; Being aware of your surroundings, thoughts and feelings enables you to clear old assumptions and release habits that no longer serve you. Consciousness clears the way for you to step into a life of meaning and fulfillment.

Becoming more aware is easy: Make a conscious decision to notice what is already in your life. Your daily habits and routines present endless opportunities for developing awareness: Try focusing on what you're eating for breakfast without simultaneously checking emails. If you're waiting for a red light to change, observe the traffic instead of listening to messages on your cell phone. Savor - really taste - your first sip of iced tea on a hot afternoon. You might try focusing on one sense throughout the day: Stop and smell the roses (And if you're conscious, you'll notice if there are any bees nearby.).

Each of us has a choice in how we want to live our lives: You can multitask and move from Point A to Point B with little awareness of the world within and around you. Or, you can consciously create little moments throughout your day that will enrich your life with meaning and awareness. No black horizontal striped, polka-dot covered slacks allowed!

Lainie Grimmer, CPCC, ACC
Creating Clarity, LLC - Certified Personal and Professional Coach, Facilitator
 Telephone: 505.820.7989 Cell: 505.690.7989
 Email: lainiejg@gmail.com Web: <http://creatingclaritycoaching.com>



Your Inner Rock Star by Patty Walters

Consciousness for Today

It's everywhere – collective, sub, higher. It's our beliefs, our environment, the world at large. What do we do with it? It's about what we are aware of and then what is underneath that. We humans are so complex!



One of the things I like to work with is our mindset....The thing that drives us and creates our reality.

When we change a belief, we can see visible changes in our experiences. And from the beliefs we attract into our lives that experience. Why is this happening to me...again?!?! We are unwinding our belief system, piece by piece.

And then see what works and doesn't. Dr. Phil says...'How's that working for you?' If it's not – change it, stop it, or modify it.

I have experienced changing my consciousness many, many times. I have believed that there was no way that I could find a casita in downtown Santa Fe that I could afford. Really? I live downtown Santa Fe now in a casita.

I never thought I could just pick up and move to Santa Fe. Really?

I didn't really believe that I would offer and sell my coaching and workshops in Santa Fe. Really?

And it goes on and on! What are your beliefs that no longer serve you? These beliefs are in consciousness and can appear to 'keep you from what you want'.

One client had this experience recently. She's always wanted to have her own one woman show. And she runs a successful business. How could that happen? Where would she find the time?

The shift she made was in her beliefs that had her doubting her ability to do both. She did shift it, she allowed herself to have both – her successful business and her show.

As I am aware of this truth....to be able to shift our consciousness and only one thing to get new, different, and more profound and expansive results!

Rock Star Business
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Team Development & Public Speaking
<http://rockstarbusiness.weebly.com>



Attracting Perfect Customers

The #1 Strategy for Creating Lucrative Loyal Raving Fans



Coaching . Training . Speaking

By Jan Stringer

What Makes You Tick?

The Strategic Attraction™ Plan, and all of the work that we have taught over the years, revolves around the importance of understanding what makes a person Tick. Our definition of what makes you tick is about becoming awake and aware to the connection you have in your business that is related to something larger – call it purpose, mission, your Big Why. It doesn't matter what you call it, what is important is the almost spiritual experience that can happen when you have the experience of connecting the dots to your purpose with your business. Often business owners have stepped over the fact that what makes the best client relationship is when you are clear about what makes **YOU Tick**. As you become conscious to your own purpose, the Law of Attraction will draw your perfect relationships to you because you Tick to the same beat—like attracts like—and you can probably confirm that your best relationships are the ones that share a mutual mission.

There is something that seems to happen that is common to all that we noticed after working with thousands of people to connect to their TICK, and it always seems to be an ah-ha moment. While everyone may experience it in a different way, some of the reactions that you might have when you truly get to **YOUR Tick** are:

- feeling scared;
- feeling Tickled;
- laughing out loud and wanting to cry at the same time;
- smiling from ear to ear;
- radiating light from your face;
- feeling humbled.

What makes you Tick is the most important thing that you can discover and is the centerpiece around which a heart-centered business develops. In essence, it is the heart of the business because it comes from the heart and soul of you! – excerpted from: *“BEE-ing Attraction: What Love Has to Do with Business and Marketing”*, by Jan H. Stringer

<http://www.perfectcustomers.com>

Or write to: jan@perfectcustomers.com



Love Your Healthy Lifestyle

with Julie Hansen

“Changing Your Mind” For Higher Consciousness



By adulthood, our brain have formed over a trillion constantly changing connections called neurons that help us remember where we put our keys or the name of Great Aunt Hilda’s third husband. True cognitive decline depends on many factors; some we can certainly control. So, how can we “change our minds” to new levels of brain power as we age?

We can’t control aging and heredity, but we can address two other factors: proper circulation and oxidative damage to brain cells and blood vessels.

Good circulation supports both oxygen and glucose levels. Adequate blood flow is crucial to the functioning of our brains; although they are only 2% of body weight, they require about 20% of the blood pumped by our heart every minute for oxygen delivery. Even a few seconds without oxygen can cause permanent brain damage. Chronic oxygen depletion causes neuron death, which impairs thinking and memory- neurons cannot be replaced. Besides oxygen, a steady supply of glucose is key. The light headed, foggy feeling that comes with missing a meal is a great example.

Free radical damage can destroy neurons and brain capillaries and interfere with the ability of the neurons to pass messages. It also contributes to plaque buildup in the brain. Homocysteine is a biochemical produced in short cycles. Lack of folate and B vitamins alters the cycle and leads to high levels of this potentially arterial damaging substance.

Shaklee’s Mental Acuity Plus contains a standardized extract of Ginkgo Biloba to improve metabolic function and blood platelet action in the brain, and protect blood vessels from free radical damage. It also contains Folate and vitamins B6 and B12 to promote cognitive function and lower homocysteine levels. Finally, Hawthorn, Gotu Kola, Bilberry and Rosemary are added for increased antioxidant power.

Improving Your Cognitive Function

- Eat a low fat, high fiber diet
- Lower blood pressure through exercise
- Use your brain- learn a new language or play an instrument
- Pray or meditate to reduce stress
- Stop smoking and reduce alcohol intake
- Reduce Homocysteine levels
- Supplement with Mental Acuity Plus for brain support



Julie Hansen has a passion for helping people reach their full potential. Call for a complimentary wellness consultation and start loving your lifestyle more today.

Hansen + Company *design lifestyle*

505-660-1777
loveyourlifestyle@gmail.com
www.HCSI.myshaklee.com



GaiaQuest

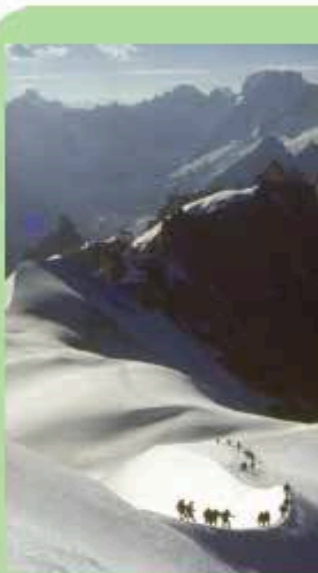
"Inspire a Quest for Sustainable Global Health"

Center for Global Health & Well-Being with Eco-Community Campus Locations in Taos Ski Valley & Santa Fe, New Mexico

www.GaiaQuest.com

Creating Conscious Eco-Communities by John Halley

A. Mission & Vision



The GaiaQuest Center for Global Health and Well-Being is a non-profit company created primarily for the purpose of providing regeneratively-sustainable Eco-Lifestyle & Permaculture education, experiences, programs, products, services, solutions and resources that collectively offer a realistic path to responsible Earth Stewardship, regenerative Well-Being for Humanity and regenerative Global Health for all of Earth's vital life systems.

Primarily founded on the principles of Permaculture Science, GaiaQuest's comprehensive Eco-Lifestyle programs and related resources are designed to offer a unique full spectrum of healthy earth stewardship principles, ethics, disciplines and modalities - organized into "Business & Economics", "Community", "Culture & Education", "Environment", "Governance & Law", "Science & Technology" and "Well-Being" areas of study. We believe that the new paradigm of Regeneratively-Sustainable Earth Stewardship (referenced in our introductory letter) can only be achieved if Humanity is quickly and efficiently provided with this kind of Eco-Lifestyle education and related experiences at localized demonstration Eco-Community Centers.

For this purpose, GaiaQuest is now on a mission to create and develop two synergistically connected Centers and related Eco-Communities located in northern New Mexico where they can effectively provide service to the southwest region of the United States and beyond. We are also developing a third Center as an international virtual "Online Center" campus, providing an international consortium of programs, products, services and resources to the global community.

B. GaiaQuest Campuses & Eco-Communities



GaiaQuest's education programs, products and services will be primarily provided by two GaiaQuest Centers located within two synergistically connected university-style campuses, seamlessly integrated into demonstration Eco-Communities at Taos Ski Valley and the new urbanist village of Aldea at Santa Fe. These two locations were strategically selected to provide a localized demonstration of Eco-Community solutions and related resources for a unique combination of urban, suburban, rural, alpine resort, wildland interface and wilderness settings. With this unique dual campus solution, GaiaQuest can provide comprehensive Eco-Lifestyle demonstration and education opportunities for an unusual spectrum bioregions and ecosystems - more than any other Center is able to offer in the USA.

- Our Taos Ski Valley Center development provides an opportunity to create and establish exiting demonstration Alpine Eco-Resort Community solutions that can serve as a model for other alpine communities. These solutions prominently feature year-round Eco-Lifestyle programs, zero-carbon "green" building solutions for alpine Eco-Resorts and resources for regeneratively-sustainable alpine mountain living and wilderness recreation.
- Our Santa Fe Center development provides an opportunity to create and manifest demonstration Eco-Community retrofit solutions that are applicable to a variety of urban and suburban settings.
- GaiaQuest is also developing a third Center as a virtual "Online Center" campus on the Internet that already includes a growing international online community and related growing consortium of global resources. GaiaQuest's Online Center provides a necessary global perspective with these important international resources that will be incorporated into all of GaiaQuest's programs - encouraging people to work together and quickly learn from each other internationally.



At Home: with Jennifer Ashton

Consciousness in Design



A living room space is transformed with lots of inspiration from nature! Take all the wood elements and the ease of warm tones in this interior space. A recent project completion in a wonderful community of homes in Santa Fe for Borrego Construction.

Oh yes, and never underestimate the powerful nature of Art! This grass painting from Winterowd Gallery on Canyon Road in Santa Fe, New Mexico is created by artist Charlie Burk, titled: *Magic Hour* proves it's organic energy.

A Santa Fe Interior described as "Transitional Pueblo" by Jennifer Ashton Interiors, artwork by Charlie Burk, titled: Magic Hour, Photo by Laurie Allegretti

Contemporary Santa Fe Style Interiors by Jennifer Ashton Interiors, Mantel Artworks by Enrico Embroli and Encaustic Wall Art by Jaqueline Butler - Photo by Laurie Allegretti



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www.jenniferashtoninteriors.com



Special Offers & Discounts

A Gift For You From Your REALTORS® - Cecilie & Dianne

Lowe's Home Improvement has offered our real estate clients a special discount for 10% off any purchase up to \$10,000. Limit 1 coupon per transaction.



For Our Buyers

With a few updates your new place can really start to feel like home. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Enjoy your new home! And thanks for trusting us with your real estate needs.

For Our Sellers

A quick refresh can make almost any home more appealing. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Thanks for trusting us to serve your real estate needs.

Lowe's only requirement is that we provide them with your email address & full mail address: email address, street number, street name, city, state & zip so email us with your information and Lowe's will send you our 10% discount card. So please contact us and we will sign you up!

MORTGAGE News Daily

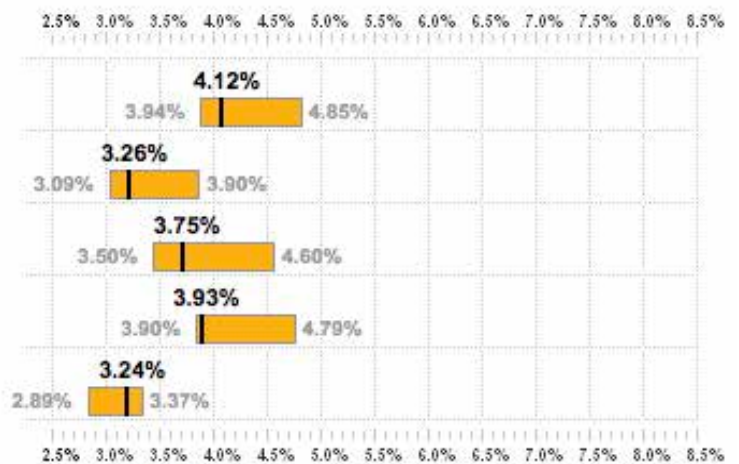
Freddie Mac			
30 Yr. Fixed	4.12%	0.60	-0.02
15 Yr. Fixed	3.21%	0.50	-0.04
1 Yr. ARM	2.41%	0.40	-0.02
5/1 Yr. ARM	2.96%	0.30	--

Schedule: FHFA (monthly, end of month)
MBA (every Wednesday), Freddie Mac (every Thursday)

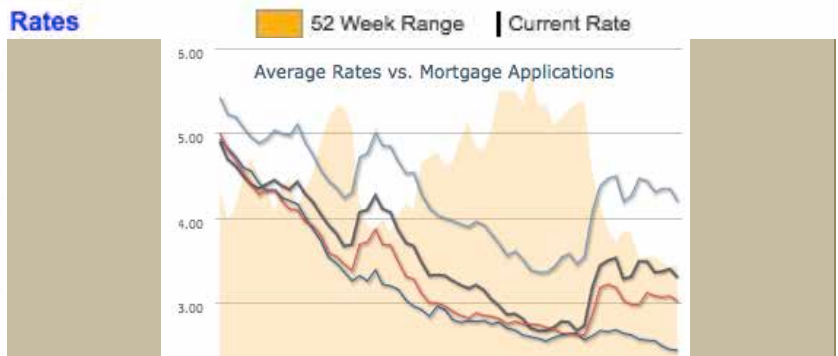
MND's Daily Rate Survey

Product	Today	Yesterday	Change	52 Week	
				Low	High
30 Yr FRM	4.12%	4.09%	+0.03	3.94%	4.85%
15 Yr FRM	3.26%	3.25%	+0.01	3.09%	3.90%
FHA 30 Year Fixed	3.75%	3.75%	--	3.50%	4.60%
Jumbo 30 Year Fixed	3.93%	3.91%	+0.02	3.90%	4.79%
5/1 Yr ARM	3.24%	3.24%	--	2.89%	3.37%

Updated: 5/30/14 3:43 PM



	Rate	Points	Change	Rates
FHFA				
15 Yr. Fixed	3.80%	1.10	+0.13	
30 Yr. Fixed	4.67%	1.44	+0.13	
MBA				
30 Yr. Fixed	4.31%	0.15	-0.02	
15 Yr. Fixed	3.42%	0.06	-0.01	
30 Yr. Jumbo	4.23%	0.16	-0.01	
30 Yr. FHA	4.04%	-0.45	-0.02	
5/1 ARM	3.13%	0.19	-0.01	





Scentsy Fragrance Wickless Candles

By Dianne McKenzie

Scentsy
INDEPENDENT CONSULTANT

Open Invitation

Hosted by Pam Scotty & Dianne McKenzie

Thursday June 19
7pm - 9pm

Aldea Summer Scentsy Party

- 10% Off on All Stock Scentsy Warmers & Fragrances
- Door Prizes, Take-Aways, Sangria & More
- Velata Cheese & Chocolate Fondue Tasting

Please RSVP: Pam Scotty 505.699.0919
or Pam@GatewayMarketingLLC.com

ScentsationalLights.com

19 Plaza Nueva • on Aldea Plaza • Santa Fe 87507
Portion of Profits Benefits The Food Depot

JUNE SCENT | *Berries Jubilee*

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Enjoy this month's fragrance at a 10% discount.

Scent Circle	\$3.00	\$2.70
Scentsy Bar	\$5.00	\$4.50
Room Spray	\$8.00	\$7.20

Discounts do not apply to Combine and Save.



Websites: <http://scentsationallights.com> and <http://dianнемckenzie.scentsy.us>

Monthly Market Report Albuquerque

Market Summary

Residential, April 2014



Albuquerque Real Estate News with Cecilie Bodman

8132 SHANNON Street NE Albuquerque, NM 87109

MLS #812626

Price: \$230,000



Cute home in La Cueva School district. Fresh paint, clean and ready to move in. Two living areas with family room and cozy fireplace.



Deals of the Decade:

I specialize in helping clients increase their wealth through Real Estate. I invest in real estate and have rental properties that create cash flow. I always find "deals of the decade" which are three bedroom, two bath, two car garage in great school districts you can rent for more then the mortgage.

All are priced under the market and could be rented for the mortgage payment and more. I may be able to write agreements on many of the homes with the owner paying the down payments and/or most of the closing costs. I would love to empower you to make educated decisions on your investments. Interest rates are still at historic lows!

Featured Listings in Albuquerque



5305 Palazzo Road North West

MLS: #800622

Elegant 5 bedroom, one downstairs, with dramatic 10' ceilings, Pella windows and tile floors. Price: \$205,000



9900 Toltec Rd NE

MLS: #806530

Single-Family

Home|3 bd|2 ba|1,850 sqft

Gleaming solid wood floors. Updates, clean and ready to move in. Beautiful yard with large trees and mature plants, grass and fully fenced in backyard. Price: \$225,000



1543 LIBIA

Street NE

MLS:

#811110

Views and refrigerated air! Custom

single story on quiet, safe cul-de-sac w/panoramic views of mountains & city! Chef's gourmet kitchen with residential/commercial gas stove, built in refrigerator, wine cooler, warming drawers, 6' butcher block counter & more cabinet space! Price: \$400,000 Contact Cecilie 505.250.1360 for a tour!

Aldea Home Sales, Pending & Listed

Sold: 9 Homes, 4 Lots

Pending: 6 Homes, 3 Lots.

Listed: 16 Homes, 3 Lots

Santa Fe Report - Aldea

Real Estate News from Dianne McKenzie

Biggest Home Seller Mistakes

Top mistakes made by home sellers based on real estate broker survey

- 77% Overpriced Home
- 34% Showing Availability
- 32% Cluttered Space
- 28% Unpleasant Odors: Smoking, Pets, Cooking
- 21% Unwilling to Negotiate
- 20% Won't Make Repairs

If you overprice your home there is a very good chance no one is going to buy it. Real estate brokers do not set the real estate market. Market value price is based on comparable homes that have already sold in the market.

Property listings should in showroom display ready to show in a few hours notice, when it's listed for sale, in terms of being clean, staged and clutter-free.

Messes, bad odors, & clutter get in the way of the buyers ability to visualize themselves living in a messy home. When a seller decides to list their home on the market, they should be packing away their personal items and start thinking about getting the property in "model home" showing mode. Packing away items while getting ready for the move, sets their intention to sell into motion.

If a seller is unwilling to negotiate, then they are not serious about selling. If the house needs repairs, it should be priced accordingly.

Current Aldea Homes on the Market

Address	Ask	TotSF	\$/TotSF	BD	Total	MLS #	DOM	Photo
4 Vista Precioso	\$205,000	0		2	2	201402039	59	
24 Vista Precioso	\$210,000	1,140	\$184.21	2	2	201402514	6	
78 Avenida Frijoles	\$290,000	1,324	\$219.03	3	2	201400469	119	
146 Avenida Frijoles	\$300,000	1,167	\$257.07	3	2	201304215	291	
22 Camino de Vecinos	\$368,000	1,912	\$192.47	3	3	201401552	51	
17 Plaza Nueva	\$425,000	2,710	\$156.83	2	3	201300933	450	
12 Camino Botanica	\$429,000	1,850	\$231.89	2	3	201401767	40	
13 Arroyo Privado Lot 475	\$435,000	2,140	\$203.27	3	3	201300198	497	
24 Camino Barranca	\$490,000	2,000	\$245.00	3	2	201401782	39	
23 Centaurus Ranch	\$495,000	2,215	\$223.48	3	3	201400551	112	
5 B W Via Plaza Nueva	\$525,000	2,800	\$187.50	3	3	201401342	63	
62 Avenida Aldea	\$549,000	2,522	\$217.68	3	3	201302974	352	
8 Calle Vecinos	\$550,000	2,175	\$252.87	3	3	201402501	7	
11 Vista Precioso	\$550,000	2,307	\$238.40	3	3	201305543	206	
2 Camino de Vecinos	\$625,000	2,231	\$280.14	3	2	201402215	17	
1 Camino Barranca	\$638,000	2,706	\$235.77	3	3	201401027	84	

Equal Opportunity Housing * All information deemed reliable, but not guaranteed. All information herein has not been verified and is not g



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- Rentable Lock-off Suite with Luxury Bath & Private Outdoor Patios

Visit www.KachinaMountainLodge.com or Call 505.231.1454

We invite you to join our alpine eco-resort community, where you and your family can enjoy one of the most coveted lifestyles available in the Rocky Mountains. We are experiencing a growing interest in the phase one properties offered at Kachina Mountain Lodge, GaiaQuest's alpine eco-community located in Taos Ski Valley, New Mexico. Property sales at Taos Ski Valley have multiplied since December, when New York hedge fund founder Louis Bacon said he was buying the ski area from a family that has owned it for decades. 11 homes and eight plots of land have changed hands since Dec. 13, compared with two homes and one piece of land in the same period a year earlier.



A E O W Y N's Dog Treats



Banana Peanut Butter Treats

Ingredients:

- 2 medium bananas
- ½ cup peanut butter
- 2 eggs
- ¼ cup of chicken broth
- 2 ½ - 3 cups rice flour (or you can use any flour)
- 1 cup rolled oats, uncooked
- ½ cup wheat germ
- ¼ cup flax seeds

*Parchment paper for rolling out the dough

- *Pizza cutter
- Ruler for cutting straight lines
- A dog to snoopervise

Method:

1. Preheat oven to 350° F.
2. Mix the peanut butter with mashed bananas. Beat in the eggs. Stir in the chicken broth.
3. Mix dry ingredients in a large bowl.
4. Mix all ingredients until thoroughly combined, kneading with hands. Add more liquid or flour, if needed. Divide into 4 balls.

Roll out dough ball between parchment paper, 1/8" consistent thickness in rectangular shape to fit baking sheet. Discard top parchment paper & save for next baking tray. Use pizza cutter to cut the dough into 1/2" parallel strips. This technique makes the process super fast. Transfer rectangular shaped dough with the bottom parchment paper to baking sheet. Don't move the strips—leave them in place on baking sheet.

Bake 20 minutes, slightly brown, not burnt. Remove from oven and cool. This recipe uses 4 baking sheet/trays. These treats are a crunchy, thin treat & are very tasty. Recipe makes enough treats to fill a 1.6 quart storage container. Keep small amount of treats at room temperature in an airtight container for 2 weeks & the remaining in the refrigerator up to 4 weeks. Because of the eggs, these treats are more perishable.

Aeowyn snoopervises the whole process of making her dog treats. She sits patiently waiting her turn to taste test the new treat recipe. So far she has never rejected a recipe. Her favorite treat is the one she just ate.



Free Reports

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Please complete the box below and place check marks next to the free reports and information you'd like to receive.

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19 Plaza Nueva – on Aldea Plaza Santa Fe, NM 87507
Email: Dianne@RealEstatePropertiesSantaFe.com

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- Send me the special computer report showing the features and sale prices of up to 15 of the most recent home sales near the following address:

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- Please let me know the listing price and features of the home at the following address:

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- Please let me know the selling price of the home at the following address:

_____ City _____.

- Please call me to arrange a free, no-obligation market valuation on my house.

Our Real Estate Team

As real estate consultants, we are 100% focused on consulting, marketing properties, negotiating, & overseeing the transactional details for our clients. We are committed to making the home buying / home selling experience the best it can possibly be. Our purpose is making sure our clients are so outrageously happy with the help we provide that they gladly introduce us to the people they care about, not because they feel obligated but because they truly believe they will benefit.



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