

# Eco Lifestyle And Home

Offering Real Estate & Lifestyle News For Albuquerque, Santa Fe, Taos Ski Valley & Beyond

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## Harvest

Harvest time is a time of gathering, coming together, the reaping of the results of what we have sown.

Harvest, representing the culmination of the ongoing cultivation, is the final stage of accomplishment. During the harvest we gather up what we have cultivated and assess what has been actualized.

What have we accomplished this year, what has become of the seeds we sowed back in January when we were embracing our renewal, setting a path of awakening?

Real Estate News Pages 11,12, 13,14,15,16,17,18,19,20,21 & 23

Read about some of our favorite homes for sale in Albuquerque, Santa Fe & Taos Ski Valley. Each month we will feature real estate properties that we love and other pertinent real estate information.



"Dog Treats – Pumpkin Apple Crisps"

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## Our Monthly Newsletter Theme For October Harvest



Harvest marks the end of the growing season and the social importance of this event makes it the focus of seasonal celebrations. Harvest time is a time of gathering, coming together, the reaping of the results of what we have sown.

Harvest, representing the culmination of the ongoing cultivation, is the final stage of accomplishment. During the harvest we gather up what we have cultivated and assess what has been actualized.

What have we accomplished this year, what has become of the seeds we sowed back in January when we were embracing our renewal, setting a path of awakening? What are the consequences of our monthly quests during this past 10 months?

For some of us, we set goals to loose weight, eat more healthy foods, exercise more frequently, spend quality time with family, friends and our animal companions. We might have vowed to explore more metaphysical, philosophical or spiritual paths. We may have planned to spend more creative time, self nurture time or volunteer time.

Whatever the seeds we planted earlier this year, how have we tended those seeds?

Are we ready to harvest the fruits of our labor or did we forget to tend our gardens of desire?

Cultivating a life of abundance, creativity, happiness, joy, ease of well-being will serve us all year long, if we tend to our thoughts and actions daily. It is often suggested that all we need to do is cultivate mental happiness, physical happiness and ease of well-being. If we tended this garden daily, we would reap the rewards at harvest time, celebrating the autumn harvest with abundance.

Harvest time for me is the start of the holiday season. Enjoy your autumn harvest!

Thank you for reading our newsletter. – *Dianne McKenzie, Cecile Bodman, Aewyn and our content contributors.*

## Events Around New Mexico

**1. Autumn Color** - In the fall, New Mexicans and their visitors rejoice as the aspen's quaking leaves turn their vibrant shade of gold.

- [Enchanted Circle Scenic Byway](#)
- [Sunspot Scenic Byway](#)
- [Santa Fe National Forest Scenic Byway](#)
- [Jemez Mountain Trail](#)
- [The High Road to Taos](#)
- [Sandia Crest Byway](#)
- [US 64 Taos to Chama](#)

**2. Albuquerque Gem & Mineral Fall Show Expo**  
NM State Fairgrounds - October 3-5, 2014

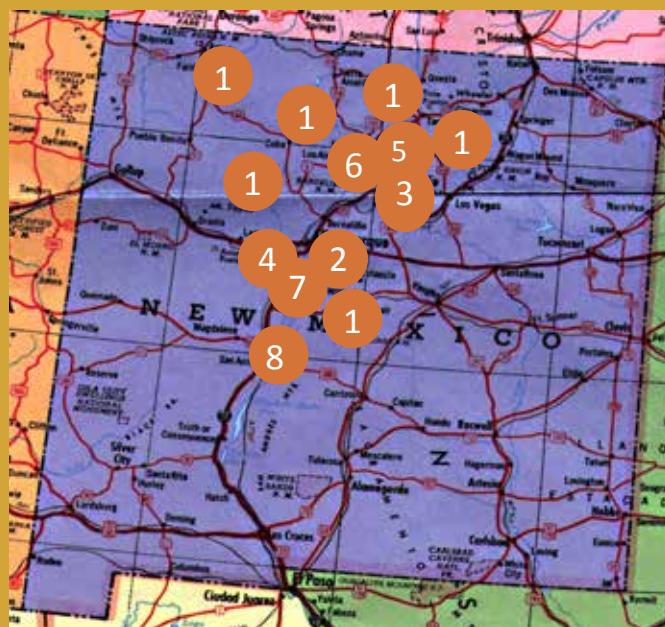
FREE Admission. 65 Dealers, gem stones, mineral specimens, jewelry, beads, cabochons, carvings, fossils, meteorites, books, equipment, tools. FREE Admission. Creative Arts Center at the Expo NM State Fairgrounds

**3. Madrid & Cerrillos Studio Tour** Madrid & Cerrillos, New Mexico Highway 14 , Madrid, 87010- On October 4th & 5th and 11th & 12th from 10AM until 5PM The Madrid and Cerrillos Studio Tour will launch the 9th Annual tour covering two full weekends and show casing the work of 33 artists at 23 studios.

**4. Albuquerque International Balloon Fiesta®**  
Balloon Fiesta Park 4401 Alameda Blvd NE  
Albuquerque, 87113  
October 4 - 8, 2014 Cost: \$8 Event Contact Info:  
Phone: 505-821-1000

For nine days in October, the New Mexico skies are painted as hundreds of balloons lift off from Albuquerque's Balloon Fiesta Park.

**5. Historic Canyon Road Paint Out** - Canyon Road Merchants Association - Friday, October 17, 2014 Saturday, October 18, 2014 - The art-loving public is invited to mingle with one hundred artists painting en plein air during the 2014 Historic Canyon Road Paint Out.



**6. Santa Fe Independent Film Festival** - 211 West San Francisco St Santa Fe, 87501

Wednesday, October 15, 2014, Thursday, October 16, 2014, Friday, October 17, 2014, Saturday, October 18, 2014, Sunday, October 19, 2014

The Santa Fe Independent Film Festival features 5 days and nights of films, panels and parties in the heart of downtown Santa Fe. Over 100 films & Events

**7. Day of the Tread** - Albuquerque Civic Plaza  
Sunday, October 26, 2014, 6:00 AM - 2:00 PM, 1 Civic Plaza NW, Albuquerque, 87102 - Grab your bicycle or lace up your shoes! Day of the Tread is a family-oriented, Halloween-themed charitable bike ride or fun walk/run. The event has multiple bike routes (12 mile, 26 mile, 54 mile, 64 mile, 80 mile, and 100 mile), a full or half marathon, marathon relays, and 5k/10k walk/run.

**8. First Saturday Tours at the VLA** - Very Large Array  
Cost: Free - Info: Phone:575-835-7000 - Saturday, October 11, 2014, Saturday, November 08, 2014, Saturday, December 13, 2014 Socorro - FREE, 30 minute, Guided Tours on the first Saturday of each month at 11:00a.m., 1:00p.m., and 3:00p.m. No reservations required, simply show up at the VLA Visitor Center 15 or so minutes before the desired tour time. These FREE tours last 30 minutes.

# Take A Hike: Borrego - Bear Wallow - Winsor Loop, Santa Fe with Cecilie Bodman

Our next hike is scheduled for October 18th. Lets meet on the Santa Fe plaza at 10 am and then go the Canyon Rd Art show in the afternoon. Please call me at 250-1356 to RSVP.



## Borrego - Bear Wallow - Winsor Loop

Length: 4 miles Round Trip

Degree of Difficulty: Easy

Altitude: 8240 to 8800 ft

Seasonal: 3 Season (Snow in winter: Snowshoe) Driving Distance: 8.5 Miles Sangre de Cristo Mountains. Near Santa Fe

The Borrego Trail located just a few miles up the road from the Chamisa Trail head and is another excellent choice for hikers and Trail runners alike. The Borrego is a loop hike that follows three trail systems for approximately four miles. The Borrego Trail is a well defined trail that winds through lush Pines with rolling elevation dropping down to Big Tesuque Creek and a lovely meadow perfect for a picnic. The trail follows the Winsor trail for a short distance west to the Bear Wallow Trail. Follow the Bear wallow trail Uphill until it reconnects with the

Borrego Trail. USGS: Aspen Basin & McClure Reservoir



**Directions:** Follow Ski Basin road 8.3 miles to Borrego Trail Head, Santa Fe. The Parking lot will be on your left.



## Feng Shui For Real Life with Carol Olmstead



Carol M.  
Olmstead,  
FSIA



Feng Shui Master  
Practitioner

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*Carol Olmstead, Feng  
Shui Master Practitioner  
answers your questions.*

## Feng Shui and Food

**Q: Can I apply Feng Shui principles to how I cook and serve food to my family?**

**A:** The ability to feed people with sumptuous, balanced meals represents wealth in Feng Shui, and you can achieve this balance by varying the color, aroma, and opposites in your foods.

### Balancing Color

Each of the Elements (Fire, Earth, Metal, Water, Wood) is represented by a color, so varying the Elements brings balance. For example, if you start with a chicken breast and add mashed potatoes and cauliflower, you end up with a plate of all-white food and a pretty bland looking meal without any Feng Shui attributes. However, add a colorful stir-fry of red, orange, and green bell peppers, red tomatoes, and purple eggplant to the chicken breast and you have a much better Feng Shui choice.

### Balancing Aromas

Aromatic seasonings are an important part of Feng Shui because they help address all of our senses. Seasonings like garlic, scallions, cayenne pepper, sage, dill, and ginger lend their flavors to the main ingredients, as well as their scents to the kitchen. Plus, these flavorful scents release negative energy from a home and fill everything with positive energy.

### Balancing Opposites

The principle of “yin and yang” refers to balancing the opposites around you to create harmony. You apply this principle to your meals by mixing yin foods that are cool, mild, or bland with yang foods that are warm, bold, and spicy. You naturally find this balance in many Chinese recipes, including sweet and sour, hot and sour, and strong flavored dishes paired with plain rice, but you don't have to cook only Asian style to bring the benefits of Feng Shui to your table.

**Tip of the month:** Do you have a favorite burner on your stove? It's time to start using the other ones as well. The stove is considered to be the center of wealth in Feng Shui and the burners are the "money generators," so use each burner equally represents using all of your financial resources efficiently.



# Life By The Numbers

- Cecilie Bodman

## October Numerology

### The Month of October is a 8

The month of October is the number 8.  
**The colors** are pink and brown.

**This is a month for success.**

The work from the past is in and creating a bountiful harvest. Be organized and know what you want. Shoot for the moon and go after your goals. Be confident and honest and fair in your work and you will accomplish big results. Use your innate good judgment and help someone less fortunate.

**Gem:** Diamond

**Oils:** Rosemary, Peppermint

**Yoga Poses:** The Warrior Series

### *Affirmation For October:*

*"I am the prosperous and successful executive of my world."*

### Affirmation for the Month October

*"Why do I cultivate mental  
happiness, physical happiness  
& ease of well-being?"*

"Affirmations", ask empowering questions that cause your mind to focus on what you REALLY want and what you HAVE, and stop focusing on what you don't want and don't have.





# Creating Clarity

## Harvest Your Life

by Lainie Grimmer

When I was growing up, my grandparents lived on a farm, and I visited every summer. My siblings and I usually arrived in August, when the gardens were overflowing with vegetables and fruits ready to be harvested. After picking the ripe produce, I would help my grandmother “put up” our harvest, then neatly line up the filled glass jars on the fruit cellar’s shelves. I loved looking at the colorful bounty, tangible evidence of our hard work. I remember feeling proud to have contributed to preserving the food we would eat that winter.

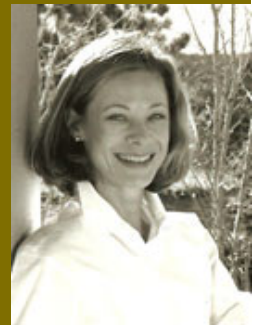
In today’s busy world, most of us no longer grow and harvest our food, or take the time to reflect on - or harvest - the learnings of our experiences. Instead, we find ourselves rushing from one event to the next, barely pausing to catch our breath in between. We are missing a precious opportunity to both enjoy our accomplishments and learn from what has just ended.

**Just as harvesting food feeds us, when you create the time to stop and review projects, events, and passages in your life, you reap a wealth of benefits:**

- The discovery and acknowledgement of your strengths and skills;
- The perspective of a bird’s eye view to see the project or event from beginning to end, and the path you traveled to complete it;
- Research shows that taking in the good of your accomplishments can lift your mood and increase your optimism, resilience and resourcefulness;
- Examining your life allows you to see if you’re going in the direction you want, and to make course corrections;
- If the outcome was not what you desired, reflection offers the opportunity to see what did not go right, and can reveal both skills to build and ideas for overcoming setbacks in the future.

**Harvesting the reflections and enjoyment of our experiences doesn’t require physical effort. Rather, set aside some time, and ask yourself these questions:**

- How did I feel at the beginning of the project/transition/experience?
- What am I feeling now that it is finished/completed?
- Which of my strengths did I employ?
- What skills could I strengthen?
- What did I learn about myself as I navigated my way through challenges?
- What do I know now that will help me move forward?



**Make time to harvest and enjoy the fruits of your efforts. Like the canned goods in the fruit cellar, you will have nourishment for the seasons ahead, and a richer, fuller life.**

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# Your Inner Rock Star by Patty Walters

## The Harvest.



This is my favorite time of year. The colors in the trees and foliage, the smell of pinon fires, the glow of the sunshine that turns golden....and the fact that we even have a holiday that is focused on being grateful for all of the bounty shared with family and friends is the icing on the cake.

And for me it also reflects life and business, as they are all a cycle too. You create an idea (seed), have a plan and nurture it, make adjustments (weed), and then you have your results (harvest).

Seems simple and it's been my experience, not always easy. When we come up with an idea, it needs to be specific. As a matter of fact the more specific the better. I have created many ideas over the years, both personally and professionally, and not all have 'born fruit'.

The next step is to nurture your idea. Make a plan, decide on the resources, keep in action, set goals. The magic for me has been setting goals and stay in action. Nothing happens without action. And to even add a little spice, it's inspired action that works best! I don't know about you, I can get distracted about what I said I would do and having prompts works well for me. That's why having a coach really helps me to stay focused on my goals.

Along with the nurturing, always evaluating where I am and making appropriate actions is another piece. Success is generally not a straight line from beginning to the end of a project. There are adjustments that need to be made. And it could be that an adjustment may be radical, as in making another plan or stopping the project all together. (weeding)

Now, comes the fruition, the results, the harvest. And if what you seeded in the beginning comes to life, how exciting. You enjoy the end result, look and see what you might want to do different if you did it again, then begin again on the next idea.

The main thing is to stay focused and keep things in action. And the best action in the moment may even be to take a bit of a break to be creative.

If you would like, I offer a free 30 minute Power Up session to talk about what might be in the way of your next great idea. And it might be just one little adjustment.

I would also do an inquiry of harvest, of a cycle of life. We plant seeds of what we want, do what it takes to nurture and tend to those – the seeds of success we want to see in our lives, then to notice when harvested.

Have fun this fall.

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## Attracting Perfect Customers

The #1 Strategy for Creating Lucrative Loyal Raving Fans



Coaching . Training . Speaking

# Reaping the Harvest .... start with SMART Goals by Jan Stringer

It's that time of year when I am evaluating if I will meet or exceed my goals for 2014. While career is typically the most structured part of life, it doesn't have to be only one that benefits from clearly defined goals. Today, I encourage everyone to take the time to establish at least one solid goal for each area of your life. **Here are some examples, such as:**

- Professional
- Relationships (family, friends, co-workers)
- Fitness/Health
- Spiritual
- Community Involvement
- Financial
- Education
- Creativity

I like the "SMART" approach for each one of my goals:

### Specific

Specificity creates clarity in my own understanding of what I want. I like to think about this as giving someone my specific address to deliver the results I want to my doorstep!

### Measurable

Goals need to be measured in an amount, a quantity, or a financial number. Having a measure allows me to determine if I have met or exceeded my goal.....I wouldn't start on a driving vacation without knowing how many miles it will take to reach my destination, and how many days I'll be in the car.

### Achievable

Your goals are large enough to push you past your comfort point but you should still be able to attain them with effort and commitment.

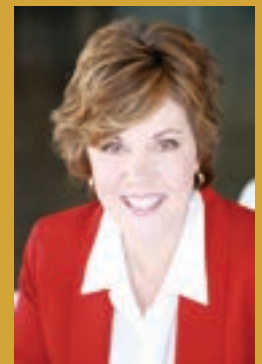
### Relevant

Your goals must be important to you at the current moment in time. If you aren't really jazzed about your goal.....take it off the list!

### Timely

Give your goal the element of urgency, as well as, long range planning. It's what every farmer knows.....plant your seed (goal) today and reap the harvest tomorrow.

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# Love Your Healthy Lifestyle

with Julie Hansen

## Harvesting Good Health

“Whatever a man sows, that he will also reap” St. Paul

What are you sowing into your health? This is an area where we can see immediate benefits from positive actions, and the benefits will continue building over time. Good nutrition is one way to create a positive impact on your health and enjoy a long healthspan, not just a long lifespan.

The newest health frontier is brain health, and Shaklee is right there at the cutting edge with our latest product, MindWorks. Made from a patent pending, all natural blend of nutrients, this product benefits your brain and body in a variety of ways. Our formulation is clinically proven to cross the blood-brain barrier and enter the brain to support its overall health.

- 1) It supports the overall health of your circulatory system so that your brain gets the oxygen and key nutrients it needs through the bloodstream.
- 2) Test subjects had immediate improvement in cognitive performance- 3x better than the control group. Multiple clinical studies show that MindWorks significantly enhances memory, sharpens focus and improves reaction time.
- 3) As we age, our brains undergo a shrinkage process. In a clinical study, the nutrients in MindWorks reduced age related brain shrinkage by 30% over two years and promoted the formation of new neural connections.

Every purchase of MindWorks comes with a free month membership to the CogniFit brain training website, where you can participate in fun games to keep your brain in top shape.

And speaking of sowing into a good harvest, Maria Shriver challenged Shaklee to donate a portion of the sales price to benefit brain research. Shaklee has responded with the MindWorks Challenge, with an aim to impact 1,000,000 people with healthier brains and make a million dollar gift to research.

Sow today to reap a healthy brain! Call me today!!  
Member price: \$49.95

To loving your lifestyle! ~ Julie



Julie Hansen has a passion for helping people reach their full potential. Call for a complimentary wellness consultation and start loving your lifestyle more today.

Hansen + Company *design lifestyle*

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Creating Healthier Lives®  
Independent Distributor

# GaiaQuest

*"Inspire a Quest for Sustainable Global Health"*

Center for Global Health & Well-Being with Eco-Community Campus Locations in Taos Ski Valley & Santa Fe, New Mexico

[www.GaiaQuest.com](http://www.GaiaQuest.com)

## Harvest in Aldea

by John Halley

The online classroom for GaiaQuest's "Aldea Eco-Community Permaculture Class" ended with 12 Aldea Residents completing the Permaculture course work that spanned May 10 through late July 2014. The weekly class meetings and online class video lectures covered the following topics with videos.

- Chapter 1 Introduction to Permaculture
- Chapter 2 Concepts & Themes in Design
- Chapter 3 Method of Design
- Chapter 4 Pattern Understanding
- Chapter 5 Climate Factors
- Chapter 6 Trees & Their Energy Transactions
- Chapter 7 Water
- Chapter 8 Soils
- Chapter 9 Earth Works & Earth Resources
- Chapter 10 Climate Design
- Week 10 Eco-Community Planning & Design Charrette Begins
- Week 11 Bonus Class: Aquaponics & Community

The Aldea residents learned principles of permaculture and have now taken the class concepts and are starting to turn them into reality in the Aldea commercial core properties on the west side of the plaza.

Here are some photos that resulted from this class:



Swales are dug to create self watering gardens from just the rainflow. Fruit trees are being planted in the commercial district.

Contact: [gaiaquest.com](http://gaiaquest.com) • John Halley • 505.231.1454 • [gaia@GaiaQuest.com](mailto:gaia@GaiaQuest.com)



By Francis Phillips

## 15 is the New 30 – You Could Save \$100k Plus

I'm going to crunch numbers with you this month. Yes, we're going to do some mortgage math. Don't turn the page – I want to show you how much money you can save over the life of a loan by taking a 15 year term rather than a 30 year term. Ready?\*

Let's use the example of a 30 year old borrower taking out a \$200,000 loan. Her marginal tax rate is 25 percent. She is deciding between a 30 year fixed rate loan at 4.375 percent and a 15 year fixed rate loan at 3.375 percent. The 30 year loan would have a monthly principal and interest payment of \$998.\*\* Over the life of the loan, the borrower pays \$159,280 in interest for a total of \$359,280.

What happens to the same borrower if she takes a 15 year loan? Her monthly payment is higher - \$1417 - BUT she pays only \$55,153 in interest and a total of \$255,153 over the life of the loan. That's a big difference! She pays \$419 more each month but she saves \$104,127 over the life of the loan AND she owns her home free and clear at age 45. Good deal? I think so.

Maybe she doesn't feel confident being locked into the higher payment on the 15 year option. So how about this: She takes out a 30 year loan but makes extra payments so she pays it off in 15 years. Her monthly payment would be \$1517, the interest would be \$73,105 and the total payment \$200,000. She owns her home at 45 but if she can't make a payment she's not required to pay the higher amount.

Here's another scenario: She goes with a biweekly program. She takes a 30 year loan, makes payments every two weeks and owns her home free and clear in 22.7 years. Essentially, she makes one extra full payment each year.

So what about the mortgage interest deduction? You get a bigger tax break on a 30 year loan but that's because you're paying more interest. While lowering your taxes sounds good, don't forget the advantages of owning your home sooner and saving money over the life of your loan.

A 15 year fixed rate loan offers you the security of fixed monthly payments, a rate that can't increase, the opportunity to own your home free and clear in 15 years, and faster growth of equity in your home.

In the last 5 years, many people took out 30 year fixed rate loans with rates in the 4's. It's worth your time to talk to a mortgage professional and take a look at refinancing to a 15 year fixed rate loan with rates in the 3's. Don't be scared – it's only mortgage math and it could save you \$100,000.

*Continued next page »*

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\*These examples are for illustration only.

Remember to consult your tax advisor for any tax questions. To see more on this topic, go to

<http://www.getrichslowly.org/blog/2009/09/30/pros-and-cons-30-year-mortgage-vs-15-year-mortgage/>

\*\*Property taxes and insurance vary widely so I'm not addressing them in these calculations.



**Francis Phillips**, NMLS #193642, is a Senior Mortgage Loan Originator with **First Choice Loan Services Inc.** and resides in Santa Fe, NM. He has served as National Director of Business and Branch Development for national mortgage companies. He and his mortgage partners have funded and built three homes for Santa Fe Habitat for Humanity. You can reach him at [fphillips@fcbmtg.com](mailto:fphillips@fcbmtg.com) or 505.982.3400.



First Choice Loan Services Inc. is a wholly owned subsidiary of First Choice Bank (First Choice Bank NMLS # 177877, First Choice Loan Services Inc. NMLS # 210764) and is registered or exempt from state licensing in the states it originates mortgage loans.

## Special Offers & Discounts

A Gift For You From Your REALTORS® - Cecilie & Dianne

Lowe's Home Improvement has offered our real estate clients a special discount for 10% off any purchase up to \$10,000. Limit 1 coupon per transaction.

### For Our Buyers

With a few updates your new place can really start to feel like home. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Enjoy your new home! And thanks for trusting us with your real estate needs.

### For Our Sellers

A quick refresh can make almost any home more appealing. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Thanks for trusting us to serve your real estate needs.

Lowe's only requirement is that we provide them with your email address & full mail address: email address, street number, street name, city, state & zip so email us with your information and Lowe's will send you our 10% discount card. So please contact us and we will sign you up!



# Shared Dreams Design

with Karen Klavuhn

## Harvest



My dictionary tells me HARVEST means the gathering of a crop or the outcome of any effort.

I am inspired by the harvest of abundance we find at our Farmer's Market. The variety, the colors, from the oranges of the peaches, carrots, peppers, to the purples of the eggplants, to the greens of, well, the greens make me ooh and aah and wish I could eat more.

Currently I have purple carrots, green celery, and white onions mixed in my sauté pan. What a beautiful mixture. As we do with cooking, working with color in our space should be creating to our own tastes, delicious. Does an even mixture of those colors excite me or does more white with dashes of purple and green make me smile?

Creating a space that makes you smile and reflects you and your tastes is an adventure. What will you see with your efforts of trying new colors and new combinations? Do you want a dash or a splash of one or more colors?



### WHY NOT TRY:

- Paint which is easy to change and is one of the least expensive with the most dramatic impacts you can make in your space. Will it be one wall or all the walls? There are many environmentally friendly options available so choose a color that makes you happy.
- Switching out your bedding, your curtains(or add some), change your pillows with simple pillow covers, or perhaps the shower curtain or towels
- Taking a photo of what inspires you and have it printed on canvas to hang on your wall.



Where do you get your color inspiration? Do you find it in the abundance at the Farmer's Market, the soothing colors of our landscape, or the bright colors in the sneaker department? Wherever it is make sure it works for you. It is not so important to be "coordinated" as it is to be happy.

What will your harvest be for your space? Be bold, be inspired, have fun, make it delicious and ooh and aah! You deserve what makes you smile.

Karen Klavuhn - Shared Dreams Design "Making your environment work for you"  
Telephone: 505-424-3527 Email: [shareddreams@outlook.com](mailto:shareddreams@outlook.com)



## Harvest Time of Hope



In September, the broadcast of *24 Reasons for Hope* showcased the progress that the climate movement is making worldwide. If you were fortunate enough to view it, you saw demonstrated how we are moving past the fear and problems into viable solutions that are helping to bring the green movement into the forefront.

<http://www.24hoursofreality.org>

- Reason 01** Renewables Are Growing In Use And Getting Cheaper All The Time
- Reason 02** The Cost Of Rooftop Solar Is Now Competitive With Utility Rates In Many Places
- Reason 03** Remarkable Progress Is Being Made In Energy Storage
- Reason 04** The Electric Grid Is Evolving – Getting Smarter And More Flexible
- Reason 05** The Electric Vehicle Industry And Market Are Booming
- Reason 06** Transportation Is Getting More Efficient, And Public Transit Is Growing
- Reason 07** Energy Efficiency Is Improving Globally And Saving People Money
- Reason 08** Coal-Fired Power Plant Regulations In The U.S. Signal Closing The Door On Fossil Fuels
- Reason 09** Many Large Businesses And Global Brands Are Going Green
- Reason 10** Faith Communities Are Embracing Renewables
- Reason 11** Youth And Students Have Driven An Expansion Of Clean Energy
- Reason 12** The Tide Is Turning On Public Opinion
- Reason 13** Renewables Are Reducing Global Poverty And Expanding Energy Access
- Reason 14** Clean Energy Saves Lives And Makes The World More Secure
- Reason 15** Public Health Is Improved By Using Clean Energy
- Reason 16** Forest Capital Is Being Better Protected And Deforestation Reduced
- Reason 17** Climate-Smart Agriculture Is Growing And Securing Livelihoods
- Reason 18** Renewable Energy Is Spurring Job Growth All Around The World
- Reason 19** Many Countries Are On The Right Path To Meeting Emissions And Renewables Targets
- Reason 20** China Is Making Huge Investments In Clean Energy
- Reason 21** Key Financial Institutions Are Realizing Dirty Energy Is A Bad Investment
- Reason 22** Globally, Regional, State, And Local Entities Are Making Strides On Renewables And Efficiency
- Reason 23** Cities Everywhere Are Using Renewables And Energy Efficiency For Smart Growth
- Reason 24** U.N. Secretary General Ban Ki-Moon Is Convening Nations Toward A Strong Climate Treaty



Comet Studios specializes in providing environmentally conscious planning, design & development services for a wide variety of sustainable project types – from small cabins to custom homes, custom estates, mixed-use commercial projects, land development projects, real estate developments and eco-communities.

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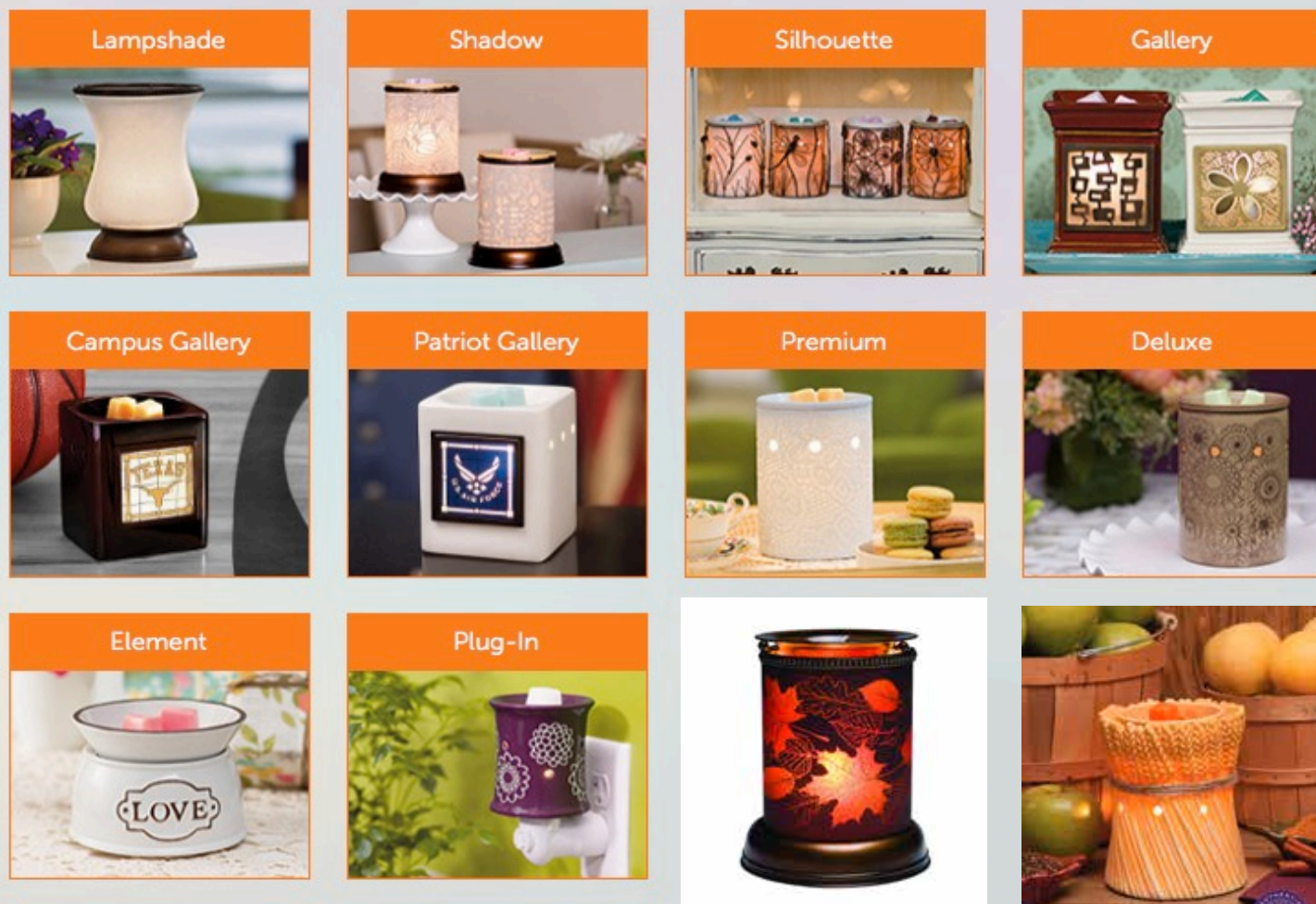
# Scentsy Fragrance Wickless Candles

What is Scentsy? Scentsy wickless candles are decorative ceramic warmers that use a light bulb to heat and melt highly-scented wax bars. Scentsy is the authentic, innovative wickless, flameless candle. No wick means no smoke smell, no soot, and no open flame. The light emanating from these warmers transformed my living & workspace. Enjoy your Scentsy products and transform your world and create magic in your home or office environment! I know the magic that Scentsy can bring into a room and once you experience it for yourself, you too will want to share Scentsy with those you care about and create your Scentsy story.



## WARMERS

The perfect way to enhance your décor and express yourself.



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# Monthly Market Report Albuquerque

## Monthly Market REPORT

**Aug 2014**



## Green Sheet

Please recycle after using!

<p><b>Active Listings</b></p> <p>Detached: 5,043 Attached: 431</p> <p>One year ago Detached: 4,578 Attached: 429</p> <p>% Change (Detached) <b>+10.16%</b></p>	<p><b>Pending Sales</b></p> <p>Detached: 857 Attached: 94</p> <p>One year ago Detached: 886* Attached: 104*</p> <p>% Change (Detached) <b>-3.27%*</b></p>	<p><b>Closed Sales</b></p> <p>Detached: 822 Attached: 73</p> <p>One year ago Detached: 857 Attached: 84</p> <p>% Change (Detached) <b>-4.08%</b></p>	<p><b>Average Sale \$</b></p> <p>Detached: \$216,148 Attached: \$145,409</p> <p>One year ago Detached: \$223,533 Attached: \$129,882</p> <p>% Change (Detached) <b>-3.30%</b></p>
<p><b>New Listings</b></p> <p>Detached: 1,554 Attached: 142</p> <p>One year ago Detached: 1,429 Attached: 152</p> <p>% Change (Detached) <b>+8.75%</b></p>	<p><b>Days on Market (average)</b></p> <p>Detached: 65 Attached: 64</p> <p>One year ago Detached: 60 Attached: 59</p> <p>% Change (Detached) <b>+8.33%</b></p>	<p><b>Sales Volume (in millions)</b></p> <p>Detached: \$177.7 Attached: \$10.6</p> <p>One year ago Detached: \$191.6 Attached: \$10.9</p> <p>% Change (Detached) <b>-7.25%</b></p>	<p><b>Median Sale \$</b></p> <p>Detached: \$184,100 Attached: \$136,542</p> <p>One year ago Detached: \$182,500 Attached: \$126,500</p> <p>% Change (Detached) <b>+0.88%</b></p>

**Closed Sales By Market Area for August only**

MLS Area	City/County	2012	2013	2014	% Change (from 2013)
Areas 10-121	Albuquerque	516	579	549	-5.18%
Area 130	Corrales	9	11	9	-18.18%
Areas 140-162	Rio Rancho	116	178	147	-17.42%
Area 170	Bernalillo	5	10	10	0.00%
Area 180	Placitas	7	9	15	+66.67%
Areas 210-293	East Mtns./Estancia	38	23	41	+78.26%
Areas 690-760	Valencia County	40	47	51	+8.51%

\*Due to an MLS system change in October 2013 the data collection methods for pending sales changed. Pending sales are now calculated only once for a particular property, whether or not that property goes under contract multiple times during the month. Pending sales from 2013 have been adjusted in this report to adjust for the change.

SOURCE: Greater Albuquerque Association of REALTORS® - based on data from the Southwest Multiple Listing Service. Data is deemed reliable not guaranteed. The SWMLS market areas include: City of Albuquerque, Corrales, Placitas, Rio Rancho, Bernalillo, East Mountains/Estancia Basin and most of Valencia County. The green sheet contains the same information reported on the full monthly report.

# Albuquerque Real Estate News

with Cecilie Bodman

8505 SAN DIEGO Court NE, Albuquerque

MLS#: 818903

Price: \$740,000



Amazing all one level custom home on incredible lot. Views and privacy. Large kitchen with granite and stainless. Updated master bath with huge shower, finished with slate. The pool has its own private area surrounded by a rose garden. The covered patio is surrounded by green, lush plants and has views of the mountains and the water lily pond. Large bedrooms with private baths.

Fantastic four car garage. It is a Mini-resort So You Can all Stay Home And Have F-u-n! 4 Big bedrooms-one is an Office/Inlaw Qtrs! Handicap Accessible-e-z-to-get-around-in-a-chair!! Big Living Areas(Lr+ Fr+dr+kitw/Brkrm)his'n'hers. Garages(2+2)pool-pond-bbq-incredible.

## Deals of the Decade:

I specialize in helping clients increase their wealth through Real Estate. I invest in real estate and have rental properties that create cash flow. I always find "deals of the decade" which are three bedroom, two bath, two car garage in great school districts you can rent for more than the mortgage.

All are priced under the market and could be rented for the mortgage payment and more. I may be able to write agreements on many of the homes with the owner paying the down payments and/or most of the closing costs. I would love to empower you to make educated decisions on your investments. Interest rates are still at historic lows!

## Featured Listings in Albuquerque



9900 Toltec Rd NE

MLS: #806530

Single-Family

Home|3 bd|2 ba|1,850 sqft

Gleaming solid wood floors. Updates, clean and ready to move in. Beautiful yard with large trees and mature plants, grass and fully fenced in backyard.

Price: \$225,000



675 Mirage Ct SE Rio Rancho

MLS# 768660

Cute home completely remodeled, 3 bedroom, 2 bath, 1 car garage. Gated side yard with access with room for big toys like your RV or Boat.

Price: \$119,000

Find out how much your home is worth.

Contact me, Cecilie Bodman to get your FREE Albuquerque home evaluation today.



**2014 Aldea Stats: Sold, Pending & Listed**

**Sold:** 24 Homes, DOM 153, 7 Lots, DOM 329

**Pending:** 4 Homes, 3 Lots

**Listed:** 23 Homes, avg \$520,600, 3 Lots

**Tessera, Aldea's Neighbor**

Tessera is the newest Homewise Homes community. Located in the hills of northwest Santa Fe and an adjacent neighbor to Aldea, Tessera features stunning mountain views, generous dedicated open space and an extensive trail system. Built to exacting standards and quality, the to-be-built homes at Tessera are ideal for those who enjoy customizing their home finishes to suit their personal taste.

Unlike Aldea's unique custom home design/building program set up by the original developer, Tessera will comprise mostly of developer designed/built homes.

Home sites boarder greenbelt for a private and natural ambiance. Close proximity to La Tierra Trails, public golf and more. Tessera is located next to Aldea and just minutes from downtown Santa Fe with easy access to I-25 and Los Alamos.

[www.realestatepropertiessantafe.com/about-santa-fe/tessera-aldeas-neighbor/](http://www.realestatepropertiessantafe.com/about-santa-fe/tessera-aldeas-neighbor/)

**Santa Fe Report - Aldea**

**Real Estate News from Dianne McKenzie**

Address	Ask	TotSF	\$/TotSF	BD	Total	MLS #	DOM	Photo
4 Vista Precioso	\$205,000	0		2	2	201402039	180	
22 Camino de Vecinos	\$325,000	1,912	\$169.98	3	3	201401552	172	
25 Centaurus Ranch	\$339,900	1,800	\$188.83	2	2	201403942	54	
36 Vista Precioso	\$340,000	1,800	\$188.89	3	3	201403340	87	
32 CALLE LEMITA	\$415,000	1,811	\$229.16	3	3	201403176	96	
13 Arroyo Privado Lot 475	\$435,000	2,140	\$203.27	3	3	201300198	618	
21 Arroyo Privado Lot # 471	\$474,900	2,220	\$213.92	3	3	201402989	103	
4 CAMINO DE VECINOS	\$499,500	2,147	\$232.65	3	3	201403722	67	
140 Avenida Frijoles	\$520,000	2,058	\$252.67	3	2	201404387	26	
5 Arroyo Privado	\$527,000	2,440	\$215.98	4	4	201403115	97	
17 Vista Precioso	\$535,000	2,307	\$231.90	3	3	201404096	46	
11 Vista Precioso	\$535,000	2,307	\$231.90	3	3	201305543	327	
23 Camino Barranca	\$549,000	2,672	\$205.46	3	3	201404497	19	
62 Avenida Aldea	\$549,000	2,522	\$217.68	3	3	201302974	473	
1 Altura Vista	\$559,500	2,159	\$259.15	3	3	201404051	51	
17 Plaza Nueva	\$565,000	3,176	\$177.90	2	3	201300933	571	
13 Avenida Aldea	\$579,000	2,350	\$246.38	3	3	201404717	2	
81 Avenida Frijoles	\$595,000	2,940	\$202.38	3	4	201404071	48	
1 Camino Barranca	\$595,000	2,706	\$219.88	3	3	201401027	205	
12 Avenida Aldea	\$597,000	2,274	\$262.53	3	3	201403051	101	
3 Calle de Montanas	\$685,000	2,769	\$247.38	3	3	201404352	31	
37 Camino Botanica	\$699,000	3,279	\$213.17	3	2	201403302	89	
62 E VIA PLAZA NUEVA	\$850,000	4,527	\$187.76	4	5	201403897	58	

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Realtor, Broker  
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**homewise HOMES**

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Over 4.1 billion text messages are sent each day in the U.S. alone. Apples App Store surpassed over 40 billion app installs with over 20 billion earlier this year\*\*. Googles Play Store has over 1.5 billion app installs every 30 days\*.

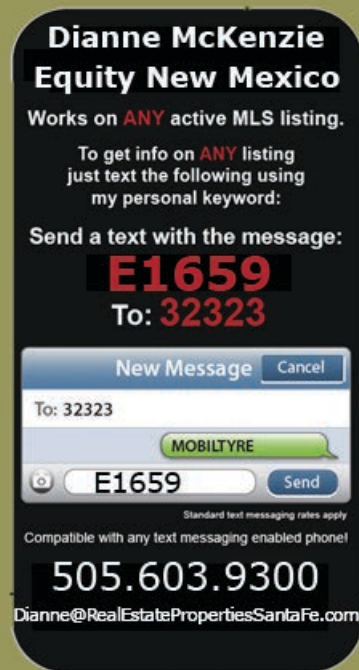
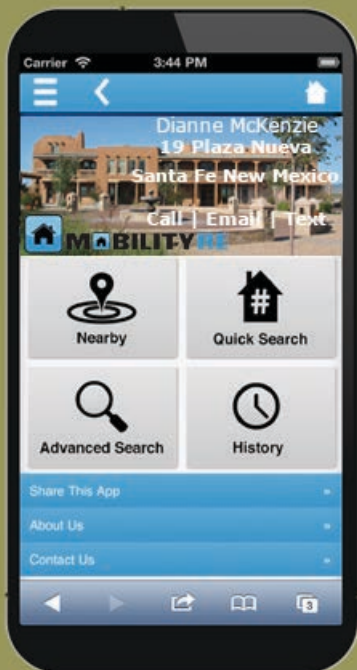
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# Wilderness Cabin Sites For Sale

*Don't miss this rare chance to own a Luxury Wilderness Cabin your family will treasure for generations!*



### Cabin Sites Feature:

- Pristine Alpine Wilderness Location at Roads End
- Peaceful Stream Side Ambiance overlooking the Kachina Village Wetland Park
- Direct Trail Access to Wheeler Peak Wilderness
- Easy Ski-in | Ski-out Access to Lift 4
- Unique Euro-Alpine Cabin Design thoughtfully integrated into a Beautifully Master Planned Intimate Community

### Wilderness Cabin Features:

- High Performance Active & Passive Solar Design
- Passive Solar Heating and Majestic Mountain Views provided by Expansive South Facing Windows
- Open Living Area with built-in day bed, Entry Vestibule, Gourmet Kitchen with Inglenook, Powder Bath, Private Patio Deck, Custom Built-ins & optional Native Rock Fireplace
- Spacious Master Suite with Sitting Area, Luxury Bath with Tub & Shower, Generous Storage and Private View Terrace
- Rentable Lock-off Suite with Luxury Bath & Private Outdoor Patios

Visit [www.KachinaMountainLodge.com](http://www.KachinaMountainLodge.com) or Call 505.231.1454

We invite you to join our alpine eco-resort community, where you and your family can enjoy one of the most coveted lifestyles available in the Rocky Mountains. We are experiencing a growing interest in the phase one properties offered at Kachina Mountain Lodge, GaiaQuest's alpine eco-community located in Taos Ski Valley, New Mexico. Property sales at Taos Ski Valley have multiplied since December, when New York hedge fund founder Louis Bacon said he was buying the ski area from a family that has owned it for decades. 11 homes and 9 plots of land have changed hands since Dec. 13, compared with 2 homes and 1 piece of land in the same period a year earlier.



# A E O W Y N's Dog Treats



## Pumpkin Apple Treats

### Ingredients:

- 1 cup of chopped dried apple
- 1 can pumpkin puree
- ½ cup of chicken broth (low sodium) or water
- 2 ½ cups of white flour (you can use any flour)
- ½ wheat germ
- 1 cup oatmeal
- ½ cup pumpkin seeds chopped
- 1 TBLS Cinnamon

\*Parchment paper for rolling out the dough, Pizza cutter, Ruler for cutting straight lines & a dog to snoopervise

Aeowyn snoopervises the whole process of making her dog treats. She sits patiently waiting her turn to taste test the new treat recipe. So far she has never rejected a recipe. Her favorite treat is the one she just ate. What a dog!

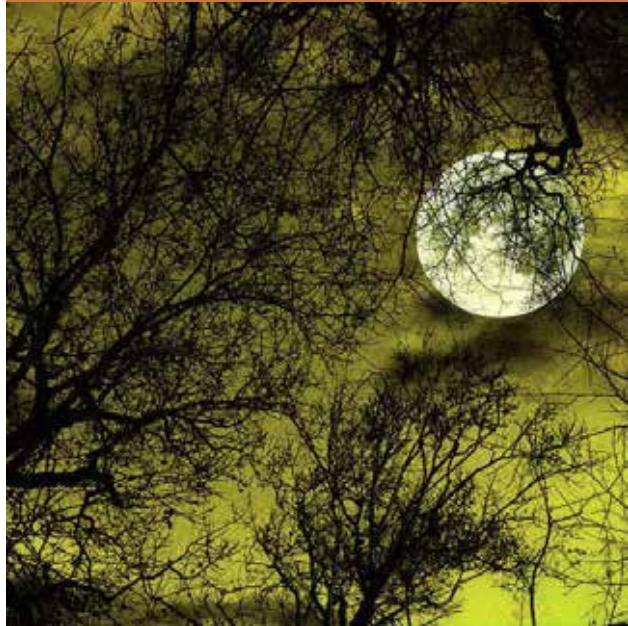


### Method:

1. Preheat oven to 350° F.
2. Mix the pumpkin puree, chopped dried apple pieces. Wait to add the chicken broth or water.
3. Mix dry ingredients in a large bowl. Stir in the pumpkin puree & apple slices add in small amount of the liquid, as needed.
4. Mix all ingredients until thoroughly combined, then mix with hands. Add more liquid or flour, if needed. Divide into 4 balls.

Roll out dough ball between parchment paper, 1/8" consistent thickness in rectangular shape to fit baking sheet. Discard top parchment paper & save for next baking tray. Use pizza cutter to cut the dough into 1/2" parallel strips. This technique makes the process super fast. Transfer rectangular shaped dough with the bottom parchment paper to baking sheet. Don't move the strips—leave them in place on the parchment paper and place on baking sheet.

Bake 35 minutes, slightly brown. Remove from oven, remove parchment paper and cool. This recipe uses 4 baking sheet/trays. These treats are chewy because of the dried apples & are very tasty. Recipe makes enough treats to fill a 4 quart storage container. Keep small amount of treats at room temperature in an airtight container for 2 weeks & the remaining in the refrigerator up to 4 weeks.



# Free Reports

## Free Information Request Form

*Please complete the box below and place check marks next to the free reports and information you'd like to receive.*

### **Send us your request:**

Dianne McKenzie, Call: **505-603-9300**  
19 Plaza Nueva – on Aldea Plaza Santa Fe, NM 87507  
Email: [Dianne@RealEstatePropertiesSantaFe.com](mailto:Dianne@RealEstatePropertiesSantaFe.com)

Cecilie Bodman, Call: **505-250-1356**  
Email: [ABQGold@ymail.com](mailto:ABQGold@ymail.com)

# Free Reports

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- Five Deadly Mistakes Home Sellers Make
- Making The Move Easy On The Kids
- How Sellers Price Their Homes
- How To Stop Wasting Money On Rent
- How To Sell Your House For The Most Money In The Shortest Possible Time
- The 10 Dumbest Mistakes Smart People Make When Buying Or Selling A Home

# Free Information

- Send me information about your free, no-obligation HomeFinder service.
- Send me the special computer report showing the features and sale prices of up to 15 of the most recent home sales near the following address:

\_\_\_\_\_, City: \_\_\_\_\_ or in  
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- Please let me know the listing price and features of the home at the following address:

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City \_\_\_\_\_.

- Please let me know the selling price of the home at the following address:

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As real estate consultants, we are 100% focused on consulting, marketing properties, negotiating, & overseeing the transactional details for our clients. We are committed to making the home buying / home selling experience the best it can possibly be. Our purpose is making sure our clients are so outrageously happy with the help we provide that they gladly introduce us to the people they care about, not because they feel obligated but because they truly believe they will benefit.



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