

# Eco Lifestyle And Home

Offering Real Estate & Lifestyle News For Albuquerque, Santa Fe, Taos Ski Valley & Beyond

Inside This May 2015 Edition:

## Challenge

❖ Our Monthly Newsletter Editorial	2
❖ Events Around New Mexico	3
❖ Take a Hike: Tres Pisas	4
❖ Feng Shui For Real Life	5
❖ May Numerology	6
❖ Affirmation for May	6
❖ Creating Clarity in Your Life	7
❖ Your Inner Rock Star	8
❖ Pamela Cornish, DOM	9
❖ Attracting Perfect Customers	10
❖ Center For Canine Behavior Studies	11
❖ Mortgage News: Francis Phillips	12
❖ Special Offers: Lowe's 10% off	13
❖ Shared Dreams Design	14
❖ Special Offers: Fragrance & Light	15
❖ Real Estate Market Report	16
❖ Albuquerque Real Estate	17
❖ Santa Fe Real Estate	18-21
❖ Home Selling Tips: Go Mobile	22
❖ Taos Ski Valley Real Estate	23
❖ Aeowyn's Dog Treats	24
❖ Free Reports	25
❖ Contact Us	26

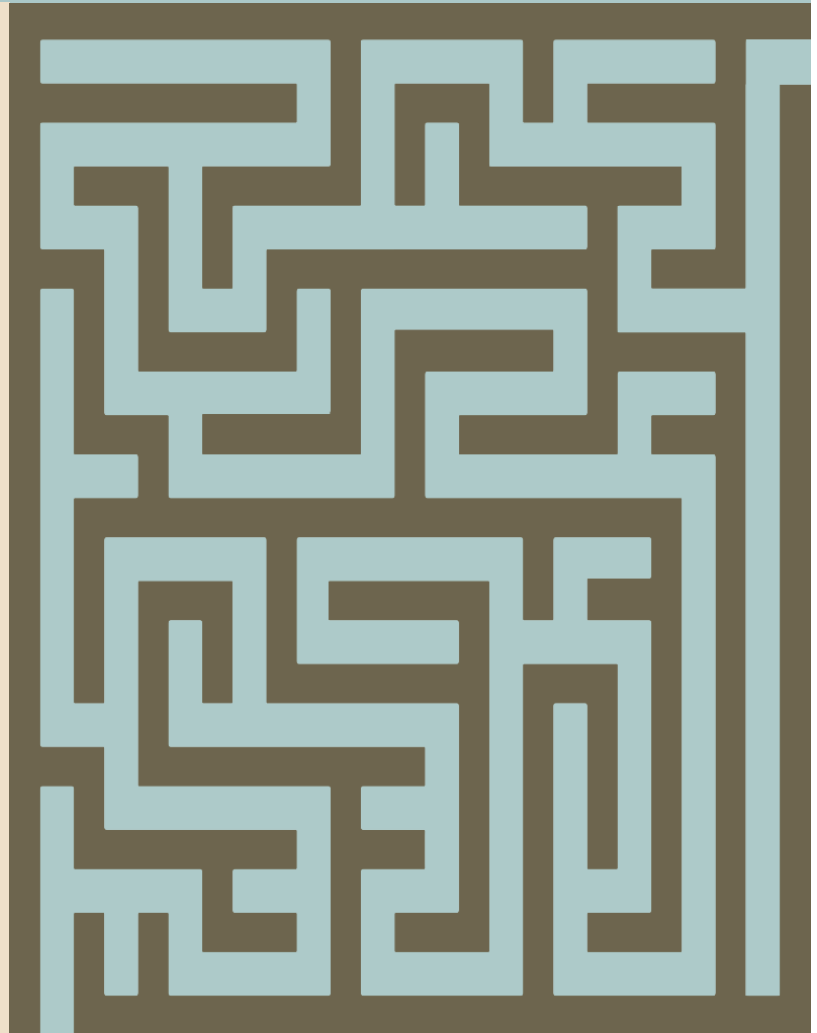
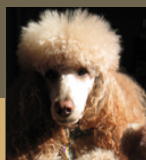
Real Estate News Pages 12,13,14,  
16,17,18,19,20,21,22,25,26

Read about some of our favorite homes for sale in Albuquerque, Santa Fe & Taos Ski Valley. Each month we will feature real estate properties that we love and other pertinent real estate information.



"Pumpkin Zucchini  
Peanut Butter  
Dog Treats "

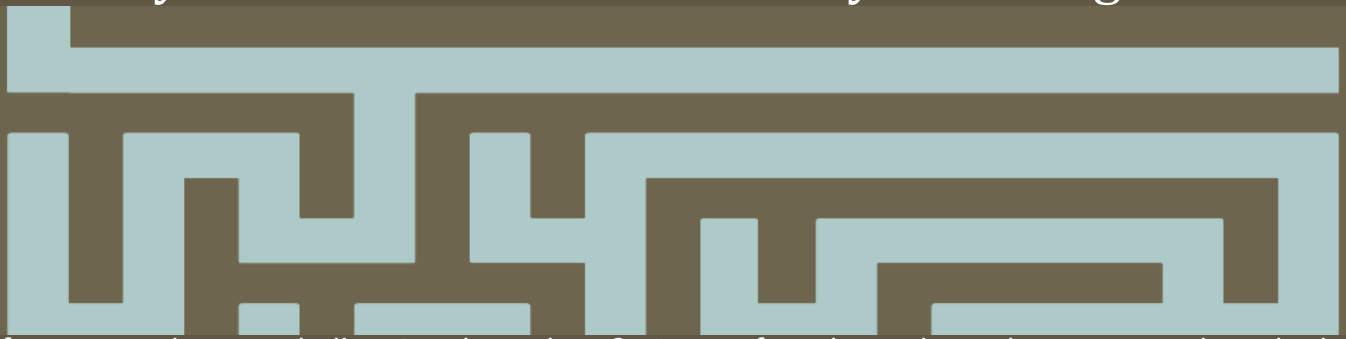
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## Challenge

*"When we meet real tragedy in life,  
we can react in two ways - either by  
losing hope and falling into self-  
destructive habits, or by using the  
challenge to find our inner strength."*  
~Dalai Lama

# Monthly Newsletter Theme For May: Challenge



Life seems to be very challenging these days & since I often do not have the answers, I have looked to others to help guide me through the challenges, cultivating equanimity along the way.

*"Know that wherever you are in your life right now is both temporary, and exactly where you are supposed to be. You have arrived at this moment to learn what you must learn, so you can become the person you need to be to create the life you truly want. Even when life is difficult or challenging—especially when life is difficult and challenging—the present is always an opportunity for us to learn, grow, and become better than we've ever been before. You are in the process of writing your life story, and no good story is without a hero or heroine overcoming their fair share of challenges. In fact, the bigger the challenges, the better the story. Since there are no restrictions and no limits to where your story goes from here, what do you want the next page to say?" ~ Hal Elrod*

*"In the midst of winter, I found there was, within me, an invincible summer. ...no matter how hard the world pushes against me, within me, there's something stronger – something better, pushing right back." ~ Albert Camus*

*"Challenges are what make life interesting; overcoming them is what makes life meaningful." ~ Joshua J. Marine*

*"Whatever your fate is, whatever the hell happens, you say, 'This is what I need.' It may look like a wreck, but go at it as though it were an opportunity, a challenge. If you bring love to that moment—not discouragement—you will find the strength there. Any disaster you can survive is an improvement in your character, your stature, and your life. What a privilege!! This is when the spontaneity of your own nature will have a chance to flow. Then, when looking back at your life, you will see that the moments which seemed to be great failures, followed by wreckage, were the incidents that shaped the life you have now. You'll see this is really true. Nothing can happen to you that is not positive. Even though it looks and feels at the moment like a negative crisis, it is not. The crisis throws you back, and when you are required to exhibit strength, it comes. ~ Joseph Campbell*

*"We are all faced with challenges at some point in our life, challenges that we did not create. Challenges that happened beyond our control. The difference is how we respond to these challenges. You can adopt the attitude there is nothing you can do, or you can see the challenge as your call to action." ~ Catherine Pulsifer*

*"The true measure of a man is not how he behaves in moments of comfort and convenience but how he stands at times of controversy and challenges." ~ Martin Luther King Jr.*

*Thank you for reading our newsletter. ~ Dianne McKenzie & Aeowyn, Cecile Bodman & our content contributors*

## Events Around New Mexico

### 1. Bird Walks

#### **The Randall Davey Audubon Center & Sanctuary**

Saturday, May 09, 2015 8:00 AM - 12:34 PM

1800 Upper Canyon Road, Santa Fe, 87501

Bird Walks lead by local experts!

### 2. 18th Annual Placitas Studio Tour, Placitas, New Mexico, Sunday, May 10, 2015 10:00AM - 5:00 PM

#### **3 Canon del Apache, Placitas, 87043**

Discover the art of fifty-seven Placitas artists as they Open Their Doors for the 18th Annual Placitas Studio Tour this Mother's Day Weekend.

### 3. 2015 Taos Lilac Festival, Kit Carson Park Saturday, May 16, 2015 10:00 AM - 5:00 PM Kit Carson Park, Taos, 87571

The Taos Lilac Festival is a community event held each year during the two weeks between Mother's Day and Memorial Day to celebrate the arrival of blooming lilacs throughout the Taos area.

### 4. Outside Bike & Brew Festival, Santa Fe CVB Sunday, May 17, 2015, All day event 1607 Paseo de Peralta, Santa Fe, 87501

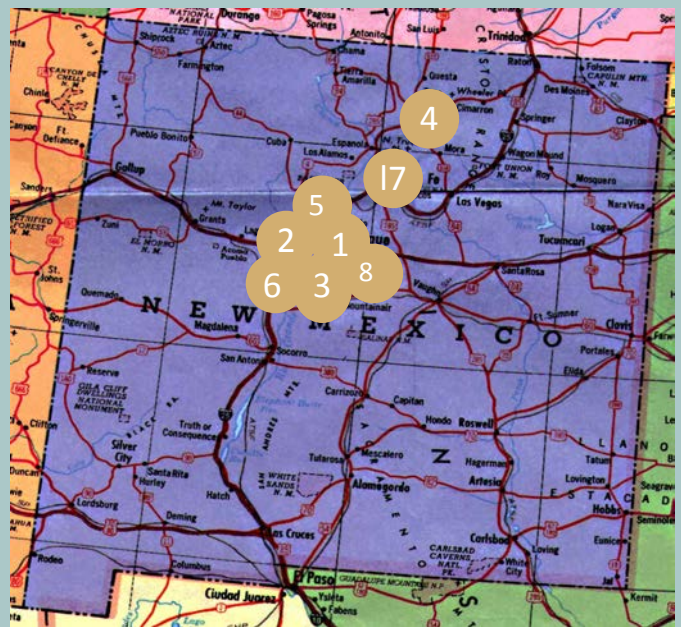
Outside Magazine and Cycle Santa Fe present a celebration of craft beer and cycling culture in the cultural capitol of the Southwest.

### 5. 8th Annual CrawDaddy Blues Fest Mine Shaft Tavern Sunday, May 17, 2015 12:00 PM - 7:00 PM 2846 New Mexico 14, Madrid, 87010

The 8th Annual "CrawDaddy Blues Fest" live music/food event is May 16 & 17 at the Madrid Railyard under the Big Tent (next to the Mine Shaft Tavern).

### 6. Opening Weekend for Scenic Chairlift Rides and Pioneer Flyer, Red River Ski & Summer Area Saturday, May 23, 2015, 10:00 AM - 4:00 PM

Join us at the Red River Ski & Summer Area for our soar off to summer with the NEW Pioneer Flyer, a seated zip line, and scenic chairlift rides opening for weekend fun Memorial weekend.



### 7. Albuquerque Wine Festival, Balloon Fiesta Park Sunday, May 24, 2015 12:00 PM - 6:00 PM 5500 Balloon Fiesta Parkway, Albuquerque, 87113

Bringing together wineries from around the state in a relaxed setting, the Albuquerque Wine Festival is the place to be Memorial weekend!

### 8. "66 On Route 66" Annual Rose Show, Albuquerque, Albuquerque Garden Center Saturday, May 30, 2015, 10:00 AM - 2:00 PM 10120 Lomas Blvd. NE, Albuquerque, 87112-5279

Annual rose show features judging in horticulture, arrangements and photography; anyone can enter, there is no entry fee.

### 9. Spamalot, Albuquerque Little Theatre Sunday, May 31, 2015, 2:00 PM - 4:30 PM 224 San Pasquale SW Albuquerque, 87104

Lovingly ripped off from the classic film comedy Monty Python and the Holy Grail, Spamalot retells the legend of King Arthur and his Knights of the Round Table, and features a bevy of beautiful showgirls, not to mention cows, killer rabbits, and French people.

# Take A Hike to Tres Pistas Trail Head in Tijeras Canyon, New Mexico-- a birder's album with Cecilie Bodman



Lets hike a lower elevation canyon dominated by pinyon-juniper and southern evergreen oaks. There are some Ponderosas and Beautiful views of the South Peak of the Sandias. Hiking is moderate to strenuous. Elevation is about 6,300 ft.

This is a world renown trail for people who love to watch birds. Birders come from around the world to hike this trail!

Early in the spring, often by mid-April, **Scott's Oriole** arrive to begin the chores of defending a territory and

pairing up. The melodic song is reminiscent of snippets from the Western Meadowlark's carol. By mid-May, nest building is underway, and June finds the couple gathering food for the young.

Unlike the familiar Bullock's and many other orioles, Scotts Oriole may weave its nest rather close to the ground, in Juniper, Mountain Mahogany a yucca, or even a clump of Mistletoe. Beargrass and Desert Prickly Pear are present through the desert grassland/juniper-oak savannah at the lower parts of the area, good habitat for Scott's Oriole.



Typical birds of the pygmy oak-piñon-juniper woodland include Spotted Towhee, Curve-billed Thrasher, Juniper Titmouse Northern Mockingbird, and Black-chinned Hummingbird Other breeding birds include the Crissal Thrasher, Broad-tailed Hummingbird, Bushtit, Ash-throated Flycatcher, Black-headed Grosbeak, Bullock's Oriole, Canyon Towhee, Rufous-crowned Sparrow, Red-tailed Hawk, Kestrel and Golden Eagle.

Take the Carnuel exit at the eastern edge of Albuquerque on I-40 heading east. Parking is \$3.

Lets meet at the Range on Wyoming at 8am or at the trail head at 9:30 on May 16th.





[www.FengShuiForRealLife.com](http://www.FengShuiForRealLife.com)  
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with **Carol Olmstead**  
Feng Shui Master Practitioner



## Feng Shui For Real Life®

### The Challenge of Combining Households

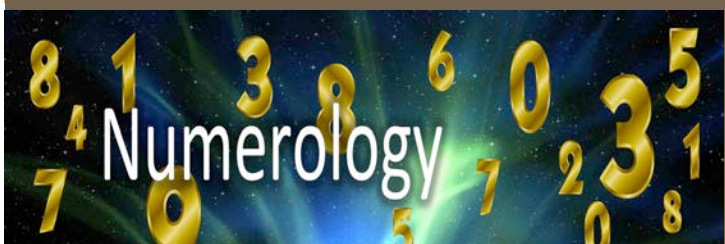
My client Lena wrote with the good news that she was engaged to Daniel, the man of her dreams, but that moving in with him presented challenges. When a couple moves in together and combines furniture, art, and decorations, they often end up with more than they need, and sometimes things one person doesn't like. Fortunately, Feng Shui principles can help Lena and Daniel decide what to keep and what to toss.

The bedroom is the most challenging, and also the most important, room for any couple. Lena wanted to know if she should move her furniture or use Daniel's. I advised Lena that the first decision was to make sure both she and Daniel liked all of the bedroom furniture. If any piece didn't fit in with the others, or if one of them truly disliked it, it was a better Feng Shui choice to replace it all.

Next, Lena wondered about the photo of Daniel's deceased grandfather that he kept on his dresser. I explained that the only photos in a master bedroom should be of the couple - no children, parents, grandparents, friends, especially if they're deceased. Photos of relatives should be displayed in the Family Area or Helpful People Area, and moving the grandfather's picture to a more public area would better honoring his memory. I recommended she use this as an opportunity to take an engagement photo for their bedroom.

Daniel kept a teddy bear on his bed that he long ago received as a birthday present from his now-grown daughter. That bear had to go, especially since Daniel's relationship with his daughter was currently strained. Instead, I suggested displaying a current photo of the daughter in their family room near a picture of Lena and Daniel to symbolize a healthy relationship among the three of them.

Lena didn't like the two black ceramic cats that Daniel bought on a business trip to China before he met Lena. While Feng Shui principles do suggest keeping things in pairs in the bedroom, if Lena doesn't like the cats they shouldn't be in the bedroom. I recommended that Daniel move the cats to his home office as a reminder of his business travels, and that together the couple pick out a pair of objects to display in their bedroom.



## Life By The Numbers

- Cecilie Bodman

### May Numerology

The month of May is the Number 4.

The color is Green.

Wear Emerald and Jade!

Be conscious, productive and organized. Get your life in order and attend to the details. Use self discipline and follow your schedule. Get up early and work on your projects as the work you do today will be lasting. Love what you are doing.

**Gems:** Emerald, Jade, Malachite, Watermelon and Green Tourmaline.

**Oils:** Sandalwood, Bergamont, Rose and Neroli

**Yoga Poses:** Heart Openers, Cobra, Camel

**Affirmation:** “Take the challenge! There is divine power in loving the work you do.”

Affirmation for the Month May

“Why am I able to cultivate mental happiness, physical happiness and ease of well-being?”



“Affirmations”, ask empowering questions that cause your mind to focus on what you REALLY want and what you HAVE, and stop focusing on what you don’t want and don’t have.



# Creating Clarity Challenge

by Lainie Grimmer

Have you ever felt challenged? I have, most recently when I sat down to write this article. This wasn't the first challenge of my life, either. If you're like me, chances are pretty good you've lost count of the number of difficult situations, unexpected changes and impossibly challenging people in your life, of circumstances that have demanded special effort on your part. I'm in the process of completing a Masters degree in the art of avoiding challenges that leave me feeling vulnerable or incapable, and I've already earned a PhD in Procrastination, Avoidance, Complaining and Cringing at Challenges.

Although we tend to flinch at challenges, they do have an upside: Challenges can stretch us to develop new and existing skills, help us tap into our creativity, and strengthen our resilience. It's simply a matter of RISE-ing to the occasion. The next time you find yourself in a challenging situation, try these steps:

**Recognize** – Acknowledge that you are facing a challenge. Doing so actually shifts where you experience the stress of a challenge in your brain, from the reactive amygdala to the problem-solving pre-frontal cortex;

**Investigate** – Once you've accepted the fact that you're facing a challenge, ask yourself: 1. What is so important about meeting this challenge? When we are consciously aware of what we want, or how we want to be, we can begin to understand what values we will be honoring as we work through the challenge. 2. What is causing this situation to be challenging? As you look at what is causing your reaction, you will begin to uncover your reasons for feeling stuck or not wanting to step up to the task at hand;

**Shift** - Once you discover your trigger(s), congratulate yourself: You just gifted yourself the opportunity to choose between your original reaction to your challenge, or a try on a new viewpoint! When you are in choice, you offer yourself the opportunity both to trust and build your skills and abilities. Choose how you want to approach your challenge, then:

**Execute** - Without thinking, take a breath and step into your challenge as you look through the lens of your new perspective. Now open your eyes (if they were closed): Take a look around. You are still alive. Take another step. Know that you may have to evaluate and adjust as you move forward.

How challenging was writing this article? Once I RISE-ed, my PhD in Procrastination was no longer applicable. That's one certificate I won't be framing and hanging on the wall.

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# Your Inner Rock Star Challenge

by Patty Walters



It's everywhere, every day, every way. We all have it. The key is in how we respond to it.

Challenge can bring up fear, worry, and doubt. It's time to change the story of the challenge to one of possibility and progress. One of opportunity and growth.

I always like to work with people to do just that – to change the story of the challenge. Most of what we think of as a challenge can be a place to look at it from another perspective. What if....this could be a breakthrough in your life, a time of transformation, a true win that comes about with your willingness to reframe it? What if overcoming this challenge can be the start of a new path of your life journey...a time to shift your sails and just go for it?

Increase your self-confidence, self-reliance, strength and willingness to face challenges with a new energy and a devotion to 'done'.

How about 'I get to' take care of this? I have the opportunity to create a new outcome? To change my story.

Challenge can show up tomorrow in your mailbox or your email inbox.

Take the time to breathe, remember you have the choice to reframe the challenge to one of opportunity, choice, and possibility. Then takes steps to handle it. Take it a step at a time. Change your story about who you are now that you are taking care of the challenge.

Bring it on!

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<http://Pattywalters.com>

Facebook: <https://www.facebook.com/ImprovPatty>



Here's to Living Our Bold\*, Rock Star Adventures!

\*Bold -- Webster definition: 1. Fearless before danger. 2. Adventurous, free. 3. Standing out prominently.





## CHALLENGE

Traditionally, I have considered a Challenge to be an invitation---to surmount an obstacle, or

clear a hurdle, and emerge on the other side, more abundant and successful than before. My father always taught me to land on my feet, and both parents encouraged me to expand my education and opportunities, so I could meet whatever Challenge life might offer.

Some Challenges are foisted upon us, unbidden (divorce, tornado). Some, we choose (launching a business, attending graduate school). Regardless of whether we are chosen, or choose (or a combination of both), the principles of tackling a Challenge remain the same. The Chinese proverb tells us: "A journey of a thousand miles begins with a single step!" You can only open one door at a time. And remember: The Chinese word for "crisis" holds within it, the pictograph for "opportunity."

In my post-graduate Medieval Literature training, I learned the 7 Deadly Sins, the first letters of which spell the acronym, "WASPLEG:" Wrath, Avarice, Sloth, Pride, Lechery, Envy and Gluttony. That about sums it up, right? What else is there? Identity theft? Swimming in the human condition, our avoiding these sins presents a universal Challenge.

Yet, we humans sabotage ourselves *ad infinitum*. Paul asserts in the Bible: "We do the very thing we would not do." We can guide a horse with a harness, and steer a boat with a rudder, but we cannot even control our own tongues. My grandfather used to say, "If you can't say something nice, don't say anything." And he never SPOKE! I wonder what was going through HIS mind?

There is no Challenge like writing about Challenge. Just as I began contemplating this piece, a quotation arrived via email:

"You've done it before. You can do it now. See the positive possibilities. Redirect the substantial energy of your frustration, and turn it into positive, effective, unstoppable, determination."

~Ralph Marston [I think I'll laminate it and carry that one in my purse!]

Challenge confronts us at every turn. Sometimes, I feel like a Chinese acrobat spinning 25 plates on 24 long sticks. The object of the game is to keep them all in the air! Once, at the age of 26, I asked my wise, 86-year-old Cherokee landlady, "What is the meaning of Life?" Her reply? "Hell if I KNOW!" Perhaps the kind of counsel I truly sought could more readily be found in "The Invitation" by Oriah Mountain Dreamer, or "Desiderata," by Max Erhmann, or Epictetus's writings on living well. I invite you to examine each one, and add your favorite paradigms, to guide you in addressing your own personal Challenge, yet to come.

As for me, I rely on Helen Keller and Robert Frost, whose words perennially shape my epistemology for mastering the next Challenge which beckons my attention:

Keller: "Life is either a daring adventure, or it is nothing."

Frost: "Two roads diverged in a wood, and I---I took the one less traveled by, and that has made all the difference!"

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# Attracting Perfect Customers

The #1 Strategy for Creating Lucrative Loyal Raving Fans



Coaching . Training . Speaking

## Seeing Your INVISIBLE Clients & Customers by Jan Stringer

After over 10 years as an Internet Marketing business, a technology snafu caused our client database to go from 10,000+ to zero overnight! All of sudden it seemed that there were NO Customers for our business. When I started the business, I spent every day marketing locally through networking groups and speaking engagements yet, I had never even told people what I do when I moved to Santa Fe, NM.

When a challenge like this happens, an opportunity presents itself. For me the opportunity showed up at a pot-luck dinner when someone that I had seen numerous times, asked what I do for a living and told me that she was seeking a Business Coach and booked an appointment. As I drove home from the pot-luck, I asked myself.....***“How many other clients had been right in front of me all of the time, however, I had a blinder on that kept me from seeing them?”***

If you have ever found yourself saying things like:

I hate networking groups

I hate social media

I don't like to meet new people

I don't know what to say

I don't how to market myself

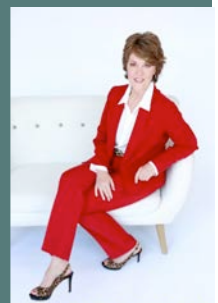
The most common blinders that will keep you from seeing potential clients are the ones that start with:

I hate \_\_\_\_\_ I don't \_\_\_\_\_ I can't \_\_\_\_\_ I won't \_\_\_\_\_

If one of the challenges that you face is to consistently attract new customers and clients to your business, STOP and see what you are telling yourself. When you identify and remove your blinders that are keeping you from seeing your perfect customers, you may find something that you never expected ...like I did.

When I removed my BLINDERS about local marketing, I was able to see that there are many potential new clients for me that are located in my own backyard. What originally seemed like an insurmountable challenge has now opened the door to a fresh start and abundance of potential new clients for my business.

Jan H. Stringer, Author/Speaker/Founder,  
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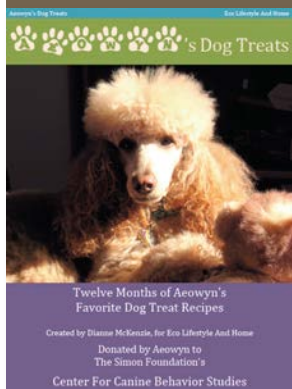




## The Center for Canine Behavior Studies & LoveAnimals.org *Gift of Life* Campaign

If you love dogs like we do, we are asking you to visit <http://www.loveanimals.org/a-human-canine-study.html>, **watch the video** and make a **Gift of Life** contribution to help launch the *Animal Ownership Interaction Study*, a Tufts University administered human-canine study that will contribute to saving the lives of millions of dogs.

The Study's two investigators, Dr. Dodman at Tufts Cummings and Dr. Serpell at UPenn are recognized as two of the world's leading animal behaviorists. They believe the results of their Study—among many things—will help reduce the annually killing of up to 1.5 million dogs a year—in the US alone.



**Let's Get Cooking:** For a donation to the study of \$60 or more, you will receive Aeowyn's Canine Treat Recipe Portfolio (electronic version, so you, too, can pass on the love!) That's 12 months of treat recipes with techniques, tips, ingredients, photographs & more.

Please also consider participating as a citizen scientist in their on-line Study with thousands of dog owners the world over. **Please pass this message on to everyone you know who loves dogs;** and ask them to visit <http://www.loveanimals.org/a-human-canine-study.html>

Any dog owner in the world can participate in the on-line Animal Ownership Interaction Study by anonymously completing an initial survey of about 93 questions. Every six months Study participants may be asked to answer additional questions. The Study will run for two years.

A final goal of the Study will be to publish the findings in high impact scientific journals, particularly the ones that support open-access publishing, such as PLoS One and Preventive Veterinary Medicine, and to disseminate globally their findings to animal welfare organizations, veterinarians, and animal professionals in training and behavior.

We hope you will join like-minded citizen scientist volunteer dog owners from around the world and participate in the Animal Ownership Interaction Study.

Participation is free but requires you to register for membership at the Center for Canine Behavior Studies: <http://CenterForCanineBehaviorStudies.org>



## Three good reasons to buy a home now

**Looking for compelling reasons to buy a home?** Let's start with this finding from the Federal Reserve's *Survey of Consumer Finances*<sup>1</sup>: A homeowner's net worth is over 36 times greater than that of a renter. Yes - 36 times greater.

Every 3 years, the Federal Reserve Board publishes its *Survey of Consumer Finances*, collecting "information about family incomes, net worth, balance sheet components, credit use, and other financial outcomes." It may not be the easiest reading, but it's full of interesting statistics about family finances, and this information really caught my eye.

### Here's the breakdown.

The average American family has a net worth of \$81,200. Of that net worth, 61.4 percent (\$49,856) is in home equity. The median net worth of American *homeowners* is \$194,500. The median net worth for *renters* is \$5,400. That's a 36 fold difference. Wow!

### Need another reason to buy?

The National Association of Realtors® (NAR) released a study<sup>2</sup> that shows a widening gap between income and rental costs. NAR Chief Economist Lawrence Yun said, "In the past five years, a typical rent rose 15 percent while the income of renters grew by only 11 percent. The gap has worsened in many areas as rents continue to climb and the accelerated pace of hiring has yet to give workers a meaningful bump in pay." The study points out that those who were able to buy a home were insulated from rising housing costs since most take out 30 year fixed rate mortgages with established monthly payments. Furthermore, a typical homeowners' net worth climbs because of increases in home values and declining mortgage balances, while renters feel the pinch of increasing housing costs every year.

### Here's another consideration.

Some people feel that taking on a mortgage to buy a home is too great a responsibility. But if you are paying rent, you are probably paying a mortgage. The question is, 'who benefits: You or your landlord?'

### A paper<sup>3</sup> published by The Joint Center for Housing Studies of Harvard University puts it this way:

*Households must consume housing whether they own or rent. Not even accounting for more favorable tax treatment of owning, homeowners pay debt service to pay down their own principal while households that rent pay down the principal of a landlord plus a rate of return. That's yet another reason owning often does—as Americans intuit—end up making more financial sense than renting.*

If you take out a 30 year fixed rate mortgage, that portion of your housing expenses will not increase. I don't think you can say the same about rent. And you will be growing the equity in *your* home, not your landlord's.

*Continued on next page »*



« Continued from previous page

### Ready to buy?

Contact your favorite lender to find out how much home you can afford, then start looking with your Realtor. Santa Fe continues to be a great buying opportunity for primary home purchases as well as rentals. Take advantage while rates remain low!

<sup>1</sup><http://www.federalreserve.gov/pubs/bulletin/2014/pdf/scf14.pdf>

<sup>2</sup><http://www.realtor.org/news-releases/2015/03/nar-study-accelerating-housing-costs-have-renters-feeling-the-squeeze>

<sup>3</sup>[http://www.jchs.harvard.edu/sites/jchs.harvard.edu/files/w13-1\\_belsky\\_0.pdf](http://www.jchs.harvard.edu/sites/jchs.harvard.edu/files/w13-1_belsky_0.pdf)



Francis Phillips, NMLS #193642, is Senior Mortgage Loan Originator with First Choice Loan Services Inc. in Santa Fe. He has served as director of business development for national mortgage companies. He and his mortgage partners have funded and built three homes for Santa Fe Habitat for Humanity. Contact him at [fphillips@fcbmtg.com](mailto:fphillips@fcbmtg.com) or 505.982.3400.

## Special Offers & Discounts

A Gift For You From Your REALTORS® - Cecilie & Dianne

Lowe's Home Improvement has offered our real estate clients a special discount for 10% off any purchase up to \$10,000. Limit 1 coupon per transaction.



### For Our Buyers

With a few updates your new place can really start to feel like home. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Enjoy your new home! And thanks for trusting us with your real estate needs.

### For Our Sellers

A quick refresh can make almost any home more appealing. By participating in a special program for REALTORS®, we are able to offer you this discount from Lowe's to help you make those small updates. Thanks for trusting us to serve your real estate needs.

Lowe's only requirement is that we provide them with your email address & full mail address: email address, street number, street name, city, state & zip so email us with your information and Lowe's will send you our 10% discount card. So please contact us and we will sign you up!

# Shared Dreams Design

with Karen Klavuhn

## Challenge

**Definition:** Something that by its nature or character serves as a call for special effort or to engage a particular strength or skill.



Spring is a time of change and evidence of new growth exists all around us. Change of any kind can present challenges for us. Ever notice those desert plants that not only grow out of cracks in the asphalt but actually create the opening they need in order to grow? What an amazing example of engaging a particular strength and putting forth a special effort. Challenges are placed before us as opportunities to grow.

What changes might you face that produce challenges with your space? Could it be a move to a new home (upsizing or downsizing)? Are you

happy with the inside but have no idea even where to start with your outdoor space? Perhaps it is an addition or loss of a partner. Maybe one partner embraces change more easily than the other. Have health issues changed the way your space needs to function? Are you just tired of what you have now and want something new and different? Do you think you can do it all yourself but struggle with not really having the time or skills?

What sort of support do you need in order to face and move through your challenge? Can a friend help or would an objective professional be a better choice? I grew up with a father that was very handy but resisted change and wanted to take care of everything himself. That only led to delays and frustration for my mother who would get fed up and finally hire someone to get the projects done.

If your time is valuable to you, it would be worth the cost of hiring someone with the particular skill to put in that special effort to complete the project. Can you put your trust in someone to assist you? When we ask for help we get the chance to grow in our relationships and communication with others as well as perhaps learning how things work. Cooperation and collaboration allow us to move past our challenges more easily.

**impossible**

**May you view the challenges you may have as new opportunities for growth. May you dare to put in that special effort to see all your desires for your space come true.**

Karen Klavuhn - Shared Dreams Design

"Making your environment work for you"

Telephone: 505-424-3527 Email: [shareddreams@outlook.com](mailto:shareddreams@outlook.com)



## Scentsy Fragrance Wickless Candles

What is Scentsy? Scentsy wickless candles are decorative ceramic warmers that use a light bulb to heat and melt highly-scented wax bars. Scentsy is the authentic, innovative wickless, flameless candle. No wick means no smoke smell, no soot, and no open flame. The light emanating from these warmers transformed my living & workspace. Enjoy your Scentsy products and transform your world and create magic in your home or office environment! I know the magic that Scentsy can bring into a room and once you experience it for yourself, you too will want to share Scentsy with those you care about and create your Scentsy story.



### MAY WARMER | Caribbean Blue

Welcome to the islands, where the sun is warm and worries drift away on the ocean breeze. Waded into crystal-clear turquoise waters. Dive below the surface and explore. Doze off on a beach towel and let the sun dry your skin. It's just another day in paradise.

Glossy crackle glaze, with a cement-finish band.

~~\$30.00~~ \$27.00 (10% OFF)

### MAY SCENT | Sea Salt Mist

Conjure a gentle tide lapping against driftwood, a rustle of beach grass, a spray of ocean mist and sea salt with bright mandarin and sultry amber.

Enjoy this month's fragrance at a 10% discount.

Scent Circle	<del>\$3.00</del>	\$2.70
Scentsy Bar	<del>\$5.00</del>	\$4.50
Room Spray	<del>\$8.00</del>	\$7.20

Discounts do not apply to Combine and Save.



www.ScentsationalLights.com Call: 505.699.0919 and ask for Pam Scotty

# Monthly Market Report Albuquerque

## GAAR GREEN SHEET March 2015



A condensed overview of the monthly statistical highlights.

### Active Listings

Detached: 3,770  
Attached: 386

🕒 One year ago

Detached: 4,164  
Attached: 455

% Change (Detached)  
**-9.46%**

### Pending Listings

Detached: 1,102  
Attached: 85

🕒 One year ago

Detached: 950  
Attached: 77

% Change (Detached)  
**+16.00%**

### Closed Listings

Detached: 827  
Attached: 64

🕒 One year ago

Detached: 695  
Attached: 62

% Change (Detached)  
**+18.99%**

### Average Sale \$

Detached: \$210,069  
Attached: \$152,402

🕒 One year ago

Detached: \$202,672  
Attached: \$131,842

% Change (Detached)  
**+3.65%**

### New Listings

Detached: 1,588  
Attached: 139

🕒 One year ago

Detached: 1,613  
Attached: 169

% Change (Detached)  
**-3.41%**

### Days on Market

(Average)

Detached: 75  
Attached: 60

🕒 One year ago

Detached: 74  
Attached: 74

% Change (Detached)  
**+1.35%**

### Sales Volume

(in Millions)

Detached: \$173.7  
Attached: \$9.8

🕒 One year ago

Detached: \$140.9  
Attached: \$8.2

% Change (Detached)  
**+23.28%**

### Median Sale \$

Detached: \$175,000  
Attached: \$146,250

🕒 One year ago

Detached: \$170,000  
Attached: \$128,700

% Change (Detached)  
**+2.94%**

### Closed Sales by Market Area

MLS Area	City/County	2013	2014	2015	% Change
Areas 10 - 121	Albuquerque	448	507	550	+8.48%
Area 130	Corrales	9	9	15	+66.67%
Areas 140 - 162	Rio Rancho	141	112	158	+41.07%
Area 170	Bernalillo	4	4	10	+150.00%
Area 180	Placitas	7	4	5	+25.00%
Areas 210 - 293	East Mtns. / Estancia	22	24	33	+37.50%
Areas 690 - 760	Valencia County	41	35	56	+60.00%

SOURCE: Greater Albuquerque Association of REALTORS® - based on data from the Southwest Multiple Listing Service. Data is deemed reliable not guaranteed. The SWMLS market areas include: City of Albuquerque, Corrales, Placitas, Rio Rancho, Bernalillo, East Mountains/Estancia Basin and most of Valencia County. The Green Sheet contains the same information reported on the full monthly report.



# Albuquerque Real Estate News

with Cecilie Bodman



**1200 SIGMA  
CHI Road NE  
Albuquerque,  
NM 87106  
MLS 826606  
\$540,000**



Original refinished oak floors, all one story and original. New windows, roof, remodeled kitchen & master coolers. Huge master bedroom with California closets. Located 2 blocks from UNM in Historic Spruce Park.

Frank Lloyd Wright inspired home w/ fir beams & knotty pine wall paneling in the family room. Country kitchen w/granite counter tops, stainless appliances. Custom Chaco stone fireplace, formal dining & living room. Large covered patio draped w/grapevines.

Lush landscaping and Pristine pool. Elegant, graceful living. Close

## Deals of the Decade:

I specialize in helping clients increase their wealth through Real Estate. I invest in real estate and have rental properties that create cash flow. I always find "**deals of the decade**" which are three bedroom, two bath, two car garage in great school districts you can rent for more than the mortgage.

All are priced under the market and could be rented for the mortgage payment and more. I may be able to write agreements on many of the homes with the owner paying the down payments and/or most of the closing costs. I would love to empower you to make educated decisions on your investments. Interest rates are still at historic lows!

## Featured Listings in Albuquerque Area

**1218 Apache Drive  
Socorro, NM 87801**

**\$240,000 MLS# 837737**

**3 Bedrooms, 2 Baths,  
2,006sqft**



Single story, energy efficient, three bedroom home on Tech Hill. Deck with amazing views of the sunset and valley. Wood floors in the living room. Open kitchen with dining room. Free lawn water and campus security. 10 minute walking distance to NRAO and NMT. Beautiful mature landscaping with green lawn and xeriscape.

Materials and fixtures used in the home are of high quality. Family room is spacious and designed by an architect. Formal drawing room with dining space is separate from the large family room. Two car insulated and finished garage.



**Find out  
what your  
homes is  
worth! Call  
me.**

## Featured Listing: Lot 9 Calle Altura in Aldea

**MLS# 201501532**

## Santa Fe Report - Aldea

Real Estate News from Dianne McKenzie

Fabulous lot in desirable Aldea de Santa Fe with spectacular views to the south, west & northeast. Located on a quiet cul-de-sac, & is the only available view lot in Aldea with open space, design plans & ready to build.

Located on a quiet cul-de-sac, this the only available lot in Aldea that offers adjoining open space combined with spectacular east and west views to the Sangre de Cristo and Jemez mountains. Ready to build now, this opportunity includes plans for a gracious Santa Fe style home with 3 bedrooms and 3 baths, perfectly sited to fully capture the mountain views.

Great Room has been designed for entertaining with expansive glass walls east and west that open out onto two large patio terraces. This offering includes a full design package with preliminary construction documents, survey map with topography, soils report and preliminary construction budget.

Discerning buyers in search of the best available lot in Aldea will appreciate this unique ready-to-build project that can easily be custom tailored to accommodate their needs and lifestyles.

**OFFERED FOR SALE: \$117,500** including a full design package with preliminary construction documents, survey map with topography, soils report and preliminary construction budget. Lot Size Acres: 0.275  
**MLS#: 201501532**

Detailed plans are available for qualified buyer. Call: 505.603.9300 to schedule meeting to review complete design package: plans, survey, soils report, floor plans, elevations, foundation plan, with construction budget.

Ready to build or customize to meet your needs. **9 Calle Altura Aldea Lot For Sale** is a truly special project designed to meet the needs of many buyer profiles wishing to customize their home.

Planning & design by John Halley of Comet Studios ».

**MLS#: 201501532 - including design plans - Price: \$117,500**

**equity**  
New Mexico

**Dianne McKenzie**  
Associate Broker  
Cell: 505.603.9300

**For Sale** **\$117,500**  
Ready to Build with Design Plans  
**Aldea View Lot: 9 Calle Altura**






















**RealEstatePropertiesSantaFe.com**  
**Dianne@RealEstatePropertiesSantaFe.com**  
**19 Plaza Nueva, Santa Fe, NM 87507**

ABQ Office: 505.291.0050  
**Accredited Consultant in Real Estate** **ACRE**

**2015 Aldea Stats: Sold, Pending & Listed****Sold:** 12 Homes, DOM 137, 0 Lots,**Pending:** 5 Homes, 0 Lots**Listed:** 23 Homes, avg \$527,847, 7 Lots

# Santa Fe Report - Aldea

Real Estate News from Dianne McKenzie

Address	Price	Original	TotSF	\$/TotSF	BD	BA(FTH)	Levels	InterS	Type	MLS #	DOM	Stat Date	Bank	Short	Photo
22 Vista Precioso	\$191,000	\$191,000	0		2	2(1 0 1)	Two Story	Yes	Townhouse	201501116	36	3/27/2015	No	No	
17 Calle Amistosa	\$349,500	\$349,500	1,900	\$183.95	3	3(2 1 0)	Two Story	Yes	Townhouse	201500701	61	3/2/2015	No	No	
32 CALLE LEMITA	\$399,000	\$399,000	1,811	\$220.32	3	3(2 0 1)	Single	No	Single Family	201500783	57	3/9/2015	No	No	
11 Calle Festiva	\$465,000	\$519,000	2,200	\$211.36	3	3(2 1 0)	Two Story	Yes	Single Family	201404758	214	9/30/2014	No	No	
23 Vista Precioso	\$495,000	\$495,000	2,368	\$209.04	3	3(2 0 1)	Two Story	Yes	Single Family	201405600	138	12/15/2014	No	No	
23 Camino Barranca	\$499,000	\$565,000	2,672	\$186.75	3	3(1 2 0)	Split or Tri-Le	Yes	Single Family	201404497	235	9/9/2014	No	No	
7B W Via Plaza Nueva	\$499,000	\$499,000	2,500	\$199.60	3	3(3 0 0)	Split or Tri-Le	Yes	Single Family	201405182	179	4/6/2015	Yes	No	
5B W Via Plaza Nueva	\$514,900	\$514,900	2,800	\$183.89	3	3(2 0 1)	Two Story	Yes	Single Family	201501072	38	3/25/2015	Yes	No	
5 Arroyo Privado	\$519,000	\$525,000	2,440	\$212.70	4	4(3 1 0)	Split or Tri-Le	Yes	Single Family	201404806	213	10/3/2014	No	No	
13 Avenida Aldea	\$545,000	\$579,000	2,350	\$231.91	3	3(2 0 1)	Single	No	Single Family	201404717	218	9/26/2014	No	No	
8 Calle Amistosa	\$545,000	\$545,000	2,223	\$245.16	3	2(2 0 0)	Single	No	Single Family	201405017	193	10/21/2014	No	No	
85 Avenida Frijoles	\$549,000	\$549,000	2,650	\$207.17	3	4(3 0 1)	Two Story	Yes	Single Family	201405404	159	11/24/2014	No	No	
1 Altura Vista	\$549,000	\$549,000	2,159	\$254.28	3	3(3 0 0)	Single	No	Single Family	201501223	30	4/2/2015	No	No	
91 Avenida Aldea	\$555,000	\$570,500	2,331	\$238.10	3	3(2 0 1)	Single	No	Single Family	201500776	56	3/7/2015	No	No	
81 Avenida Frijoles	\$575,000	\$575,000	2,940	\$195.58	3	4(3 0 1)	Two Story	Yes	Single Family	201501188	31	4/1/2015	No	No	
150 AVENIDA FRIJOLES	\$599,000	\$599,000	2,391	\$250.52	3	3(2 0 1)	Single	No	Single Family	201501041	40	3/23/2015	No	No	
16 Camino Botanica	\$600,000	\$600,000	3,103	\$193.36	3	3(2 1 0)	Two Story	Yes	Single Family	201405411	159	11/24/2014	No	No	
13 Calle De Montanas	\$617,500	\$617,500	2,300	\$268.48	3	3(2 0 1)	Single	No	Single Family	201501572	12	4/20/2015	No	No	
1 Calle Siete Casas	\$649,900	\$669,900	2,855	\$227.64	3	3(3 0 0)	Single	No	Single Family	201500525	75	2/16/2015	No	No	
37 Camino Botanica	\$680,000	\$699,000	3,279	\$207.38	3	2(2 0 0)	Single	No	Single Family	201403302	305	7/1/2014	No	No	
7 Calle Vista	\$689,000	\$699,000	2,700	\$255.19	4	3(2 0 1)	Single	No	Single Family	201500694	62	3/2/2015	No	No	



## Aldea News



**@equity**  
New Mexico

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51 Centaurus Ranch Road

**RealEstatePropertiesSantaFe.com**  
Dianne@RealEstatePropertiesSantaFe.com  
19 Plaza Nueva, Santa Fe, NM 87507

**On Aldea Plaza**  
ABQ Office: 505.291.0050  
Accredited Consultant in Real Estate **ACRE**

Aldea is a New Urbanist Village, with a central civic plaza surrounded by traditional neighborhoods of multiple housing types & miles of walking trails.

New Urbanism provides a unique mix of commercial properties, live/work lofts (apartments over storefronts), townhouses, patio homes, & single family homes with yards. Diverse, walkable neighborhoods surrounding a mixed-use commercial core, are what distinguishes New Urbanism from other development styles.

Aldea is in Santa Fe County and is connected to the Santa Fe County water and sewer systems. (The vast majority of houses in Santa Fe County, *not* in Aldea, are on wells and septic tanks). The roads in Aldea are owned and maintained by the Homeowners Association. Santa Fe County Real Estate taxes are very low, and monthly Homeowners Association dues cover the maintenance of private roads, open space, parks, and a community building.

## Santa Fe Report - Tessera

Tessera is the newest Homewise Homes community. Located in the hills of northwest Santa Fe, Tessera features stunning mountain views, generous dedicated open space and an extensive trail system.

Built to exacting standards and quality, the to-be-built homes at Tessera are ideal for those who enjoy customizing their home to suit their personal taste. Home sites border greenbelt for a private and natural ambiance. Close proximity to La Tierra Trails, public golf and more. Tessera is located just minutes from downtown Santa Fe with easy access to I-25 and Los Alamos.

The community of Tessera is a mosaic of thoughtfully designed, energy efficient new homes built to exacting standards and quality. Granite slab countertops in the kitchen and baths, & ceramic tile floors warranty, STO Stucco, Low VOC paint, carpet, and construction materials, and much more.

**Call me for a tour 505.603.9300**



**@equity**  
New Mexico

**Dianne McKenzie**  
Associate Broker  
Cell: 505.603.9300  
50 Via Summa in Tessera

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## Featured Listing

MLS#:201501696

Price: \$219,000

## Santa Fe Listings

Real Estate News from Dianne McKenzie

### Charming Adobe Home 1275 Maez Road Santa Fe

3 Bedrooms, 2 Bathrooms  
House Size: 1,375 sqft

Charming, adorable, light & bright, this northern New Mexico adobe home has been completely remodeled & is a sparkling gem of a property.

Separated master suite with 2 additional bedrooms & 2 bathrooms, & pleasant kitchen with granite tile countertops adjoins the dining room which invitingly opens to patio yard for outdoor dining. Plaster walls, tile & durable wood plank vinyl floors, with captivating wood stove for cool winter nights.

Situated on a serene large lot with enclosed private yard surrounding the home, including mature landscaping with firs, pines, spruce, lilacs, & fruit trees: plum, pear, peach, apple, quince, & cherry, with raised vegetable garden beds with drip irrigation.

The relaxing hot tub is set in tranquil private backyard garden setting, lovingly maintained.

The stucco walled garden with welcoming entrance gate creates an oasis in the centrally located accessible neighborhood, convenient to all that Santa Fe offers: shopping, schools, banks



& restaurants. Furnishable front entry covered deck, up to 4 car off-street parking.

Excellent condition, well maintained. Move in ready. Perfectly priced at \$219,000

Great Investment Property!

Call for a showing: 505.603.9300



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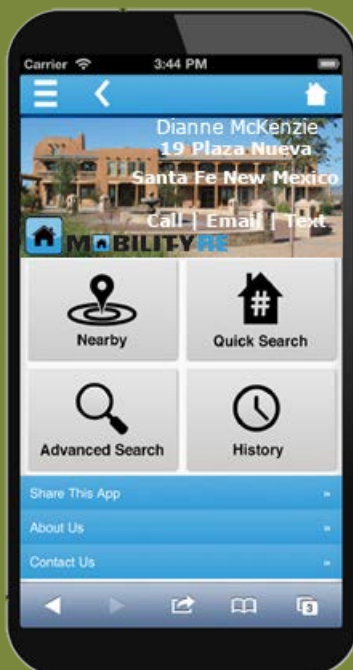
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## Taos Ski Valley Report

Real Estate News from Dianne McKenzie

**KML**

## Kachina Mountain Lodge - a Wilderness Eco-Resort Community

### Mountain Home Site Investment Opportunity

*Private & Peaceful - Phase One Luxury Wilderness Home Sites are now available in Taos Ski Valley*

**Eco-Community Features:**

- Kachina Mountain Lodge & GaiaQuest are creating an exciting alpine wilderness eco-community filled with vitality and amenities that include restaurants, commercial conveniences, cultural arts facilities & programs, full-service boutique hotel, affordable euro-style hostel accommodations, private homes, open space parks, trails, year-round recreation opportunities, nature center, camping facilities, community food gardens & greenhouses, permaculture landscaping and GaiaQuest's unique university-style campus.
- Adding year-round vital business and prosperity for Taos Ski Valley, GaiaQuest's main campus center will enhance our community experience with a wide variety of Global Health and Well-Being lifestyle programs, related education programs, products, services and resources that no other alpine resort community has to offer.
- Sustainability features include localized green building solutions, onsite renewable energy farm and tertiary level waste treatment.

**Alpine Wilderness Home Features:**

- Beautiful Euro-Alpine style eco-home design, custom tailored to accommodate each buyer's unique needs & specifications.
- High Performance Active & Passive Solar Heating and Majestic Mountain Views provided by Expansive South Facing Windows.
- Open Living Area with built-in day bed, efficient Native Rock Fireplace Stove, Gourmet Kitchen with Inglenook, Powder Bath, Custom Built-ins, separate Entry Vestibule and Private Patio Deck.
- Spacious Master Suites with Sitting Area, Luxury Bath with Tub & Shower, Generous Storage and Private View Terrace.
- Rentable Lock-off Suite with Separate Entrance, Fireplace, Luxury Bath & Private Outdoor Patio.
- Direct Ski-In/Ski-Out access to Taos Ski Valley's world-class ski runs.

**Community Investment Opportunity:**

- Purchasing a beautiful custom home site in our unique wilderness eco-resort community at Taos Ski Valley also provides an important investment in the non-profit GaiaQuest Center for Global Health and Well-Being. As soon as investor commitments are in place for all 8 home sites, our Phase One commercial site will be deeded from developer to GaiaQuest for the first Healing Center building.

**Don't miss this rare chance to own a Luxury Wilderness Residence your family will treasure for generations!**

For more information - visit [www.KachinaMountainLodge.com](http://www.KachinaMountainLodge.com) and [www.GaiaQuest.com](http://www.GaiaQuest.com) or Call 505.231.1454

We invite you to join our alpine eco-resort community, where you and your family can enjoy one of the most coveted lifestyles available in the Rocky Mountains. We are experiencing a growing interest in the phase one properties offered at Kachina Mountain Lodge, GaiaQuest's alpine eco-community located in Taos Ski Valley, New Mexico.



# A E O W Y N's Dog Treats



## Pumpkin Zucchini Peanut Butter Treats

### Ingredients:

- 1 can (15oz) pumpkin (not pie filling)
- ½ cup of peanut butter
- 1 ¼ cup (1 medium size) grated zucchini
- 2 cups rice flour (or any flour)
- 1 cup flax seed meal
- ½ cup wheat germ
- 1 cup flax seeds
- ½ cup of chicken broth (low sodium)
- 1.5 tablespoons apple cider vinegar
- ½ cup coconut oil
- 1 tablespoon cinnamon

\*Parchment paper for rolling out the dough, pizza cutter, ruler for cutting straight lines & a dog to snoopervise.

### Method:

1. Preheat oven to 350° F.
2. Mix the wet ingredients: pumpkin, peanut butter, grated zucchini, apple cider vinegar & coconut oil in a bowl.
3. Mix dry ingredients in a large bowl: rice flour, flax seed meal, wheat germ, & flax seeds. Stir in the wet ingredient mix & add in the chicken broth, (more liquid maybe needed to keep mixture together). Divide into 4 balls.
4. Roll out dough ball between parchment paper, 1/8" consistent thickness in rectangular shape to fit baking sheet. Discard top parchment paper, use for next baking tray. Transfer rectangular shaped dough with the bottom parchment paper to baking sheet. Use pizza cutter to cut dough in parallel strips to create a checkerboard of 1" squares. Use a ruler to help cut straight lines.
5. Bake 25-35 minutes slightly brown. If you prefer a softer treat, bake for 15-20 minutes. Remove from oven and cool. This recipe uses 4 baking sheet/trays.

These treats are soft & are very tasty. Recipe makes enough treats to fill a little more than 3 quart storage container with some to share with dog friends & keep in tins around the house. You can keep the dog treat crisps up to 1 week at room temperature in an airtight container or in an airtight container in the refrigerator up to 4 weeks.





## Free Reports

### Free Information Request Form

*Please complete the box below and place check marks next to the free reports and information you'd like to receive.*

#### ***Send us your request:***

Dianne McKenzie, Call: **505-603-9300**

19 Plaza Nueva – on Aldea Plaza Santa Fe, NM 87507

Email: [Dianne@RealEstatePropertiesSantaFe.com](mailto:Dianne@RealEstatePropertiesSantaFe.com)

Cecilie Bodman, Call: **505-250-1356**

Email: [ABQGold@ymail.com](mailto:ABQGold@ymail.com)

## Free Reports

- ☐ Protect Your Home From Burglars
- ☐ Five Deadly Mistakes Home Sellers Make
- ☐ Making The Move Easy On The Kids
- ☐ How Sellers Price Their Homes
- ☐ How To Stop Wasting Money On Rent
- ☐ How To Sell Your House For The Most Money In The Shortest Possible Time
- ☐ The 10 Dumbest Mistakes Smart People Make When Buying Or Selling A Home

## Free Information

- ☐ Send me information about your free, no-obligation HomeFinder service.
- ☐ Send me the special computer report showing the features and sale prices of up to 15 of the most recent home sales near the following address:

\_\_\_\_\_, City: \_\_\_\_\_ or in  
the \_\_\_\_\_ area.

- ☐ Please let me know the listing price and features of the home at the following address:

\_\_\_\_\_ City \_\_\_\_\_.

- ☐ Please let me know the selling price of the home at the following address:

\_\_\_\_\_ City \_\_\_\_\_.

- ☐ Please call me to arrange a free, no-obligation market valuation on my house.

# Our Real Estate Team

As real estate consultants, we are 100% focused on consulting, marketing properties, negotiating, & overseeing the transactional details for our clients. We are committed to making the home buying / home selling experience the best it can possibly be. Our purpose is making sure our clients are so outrageously happy with the help we provide that they gladly introduce us to the people they care about, not because they feel obligated but because they truly believe they will benefit.



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Apricot Standard Poodle  
& Service Dog

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