

Eco Lifestyle And Home

Offering Real Estate & Lifestyle News For Albuquerque, Santa Fe, Taos Ski Valley & Beyond

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Cultivate

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Cultivate

We must cultivate our own garden to foster growth.
When you cultivate happiness, love & kindness, it gives you clarity & compassion for all beings.

Real Estate News Pages 11,12,13, 14,15,16,17,18,19,20,22,23

Read about some of our favorite homes for sale in Albuquerque, Santa Fe & Taos Ski Valley. Each month we will feature real estate properties that we love and other pertinent real estate information.



“Pumpkin, Zucchini, Carrot & Broccoli Dog Treats ”

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Monthly Newsletter Theme For March: Cultivate



What do you want in your life? How do you want to live? What is important to you? No matter what your answer is, it all comes down to 3 things: mental happiness, physical happiness, and ease of well-being. If you want financial stability, good health, love, the ability to travel, time with friends, time for making art etc... The answers revolve around happiness and ease of well-being.

But how do we succeed in reaching our goals? It starts with cultivation. It takes work, actively engaging in taking action: active learning, active thinking, active analyzing, active searching... If this all sounds like work, it is. Cultivating anything, takes ones active participation and it takes practice, tenacity, & intention.

To help one on the road to cultivate ones desires and reach ones goals, here are some steps to take, not just read, but to actively engage in discovering (cultivating) the answers.

1. Visualize yourself in 5 years from now. What do you see for yourself? What do you see yourself surrounded with? What do you see yourself doing, being, feeling?
2. What are you afraid of, right now?
3. What are you willing to do to stay true to who you are or who you want to be?
4. What areas of your life are in sync with what you want?
5. What areas in your life do you wish to change?
6. What do you wish you were doing that would make you happier?
7. What kinds of problem solving makes you feel successful?
8. What makes you unique?
9. What are your values?
10. Who are some of the people you admire and what are their characteristics that you admire?
11. What are some of the commonalities in the people that you admire?
12. What are your qualities that others would admire, if they knew you?

Creating a life worth living takes cultivation. Learning, solving problems, active participation, an eagerness to learn, to grow, to dream, to imagine, to make mistakes, and to fail. It's not whether you *get knocked down*, it's whether you *get back up*. Cultivation takes nurturing, learning, growing.

I am committed to cultivating kindness, compassion, understanding, wisdom, success, prosperity, good health and above all love. It takes practice; practice over and over and over again, and again. I think by the time I really "get it", I will be on my deathbed and see the "light". And then it is over until it starts again. The merry-go round keeps on turning. Cultivating is an endless process.

Thank you for reading our newsletter. ~ Dianne McKenzie & Aewyn, Cecilie Bodman and our content contributors.

Events Around New Mexico

1. Open Mic at Everyday Center for Spiritual Living

Friday, March 04, 2016 | 7:00 PM - 9:00 PM
1519 Fifth Street Santa Fe, NM 87505

Get off the couch and check-out the open mic at ECSL. Once you've taken the stage, your life will never be the same.

2. 2016 Fiery Foods Show Sandia Resort & Casino

Saturday, March 05, 2016 | 4:00 PM - 8:00 PM
30 Rainbow Road NE Albuquerque, NM 87113
Albuquerque, 87113

Visit the Sandia Resort and Casino for the 28th annual National Fiery Foods and Barbecue Show.

3. USA Track & Field Masters Indoor National Championships

Albuquerque Convention & Visitors Bureau
Sunday, March 4-6, 2016 | 9:00 AM - 5:00 PM

The USATF Masters Indoor Championships will feature athletes ranging in age from 30 - 95+. Competition at each age group will display their speed, strength, and endurance.

4. ONCE at the Popejoy Hall

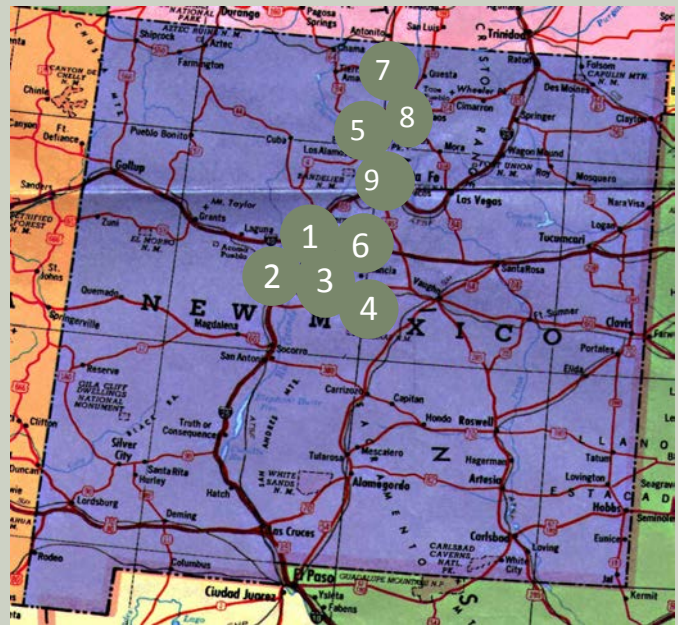
Saturday, March 12, 2016 | 8:00 PM - 10:30 PM
203 Cornell Dr NE Albuquerque, 87106

Guy meets Girl in the smash-hit, multi-award winning musical Once. Winner of eight 2012 Tony Awards® including Best Musical, truly original.

5. 28th Annual Rio Grande Arts and Crafts Festival Spring Show | Expo New Mexico

Sunday, March 13, 2016 | 10:00 AM - 5:00 PM
300 San Pedro NE Albuquerque, 87108

Every Spring, 180 fine artists and craftsmen travel from all over the country to the historic tree-lined streets of Expo New Mexico for the Rio Grande Spring Show.



6. Brahms & Stravinsky | Santa Fe Symphony Orchestra & Chorus

Sunday, March 20, 2016 | 4:00 PM - 6:00 PM
211 W San Francisco St, Santa Fe, 87501

The Symphony and Guest Conductor Oriol Sans celebrate the arrival of spring with a program dedicated to sunshine, fun, innovation and surprise.

7. 37th Annual American Indian Week Pueblo Days | Indian Pueblo Cultural Center

Friday, March 25-28, 2016 | 10:00 AM - 3:00 PM
2401 12th Street, Albuquerque, 87104

The 37th Annual American Indian Week is a vibrant celebration of Pueblo culture.

8. Party in the Fireroom at Pueblo Harvest Indian Pueblo Cultural Center

Saturday, March 4-26, 2016 | 6:00 PM - 9:30 PM
2401 12th Street, Albuquerque, 87105

Every Friday & Saturday, 6:00 pm-9:30 pm
Party in the Fireroom at Pueblo Harvest. Enjoy live music from Albuquerque's best bands in the fireroom at Pueblo Harvest Cafe. Savor all-you-can-eat horno baked pizza, local microbrews, drink specials and creative appetizers from an award-winning culinary team.

Let's Take a Hike to El Rincon via the Piedra Lisa Trail! with Cecilie Bodman

March 19 at 9am



We can meet at the Range on Wyoming and Montgomery for breakfast at 9am and caravan up to the trail head.

This hike is on the front side of the Sandias. I was about 14 years old the first time I hiked it.

From Great Outdoors.com:

What makes it special: Piedra Lisa

(Spanish for "smooth rock") offers views of some of the Sandias' most spectacular granite formations, including the massive wall known as the Shield. It's not difficult, and can usually be hiked in the winter.

Length: 4 miles

Hiking time: 2 to 4.5 hours

Difficulty: Easy to moderate

Elevation gain: 6,920 to 8,200 feet

Season: Spring through fall

Directions: From Tramway Boulevard (an exit on both I-40 and I-25), head east on the Juan Tabo road near the north end of the range. The paved road ends at a dirt road. Take the dirt road to a parking lot, then walk past the gate a short distance to the trail head on the right.

Notes: Rincon is Spanish for "corner," and this trail leads to the point at which a small front ridge connects to the main bulk of the mountains. The trail continues after cresting the obvious ridge at the 2-mile mark, but the owner of a plot that straddles the trail a little farther ahead has prohibited travel through the area. During certain times of the year, a faint spur trail is open that leads east along the ridge of the Rincon for about half a mile.

Cecilie Bodman
Equity NM Real Estate
Ready When You Are
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Life By The Numbers

- Cecilie Bodman

March 2016 Numerology is
Number 3

The color is yellow. Cultivate sunflowers or yellow pansies.

This is the month to laugh and have fun! Experience the joy that is within you and radiate it all around you. Bless everyone and everything. Let your creativity express itself freely. Look beautiful and make others smile. The abundant seeds you have planted are sprouting and it is a time to have a party, shop and buy real estate!

Gems: Topaz, Citrine, Heliodor

Oils: Rosemary, lemon, fennel, juniper

You can add Rosemary, lemon, and fennel, to your cooking and apply diluted oils to your solar plexes.

Yoga poses: Boat pose, twisted boat pose, bridge, stick pose.

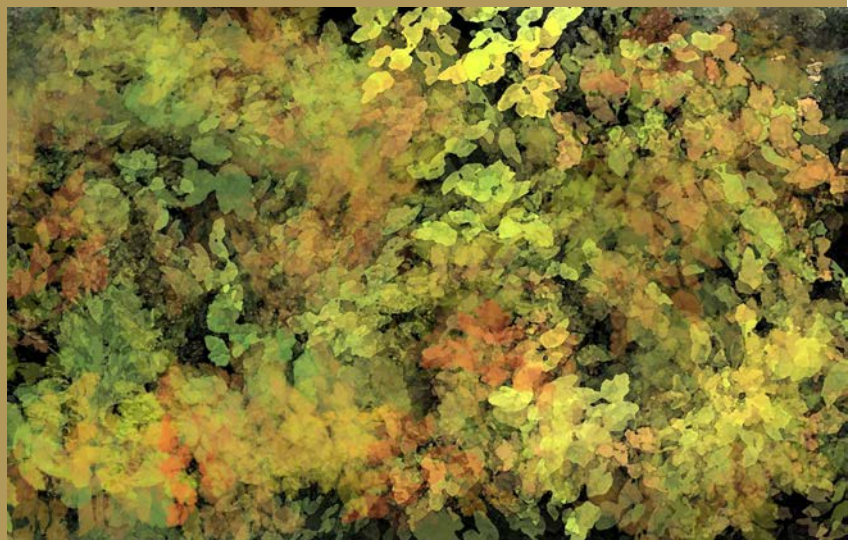
Affirmation For March:

"I am abundant, joyously exuberant and in harmony with all of life."

Affirmation for the Month March

"Why am I able to cultivate mental happiness, physical happiness and ease of well-being?"

"Affirmations", ask empowering questions that cause your mind to focus on what you REALLY want and what you HAVE, and stop focusing on what you





Creating Clarity

Cultivate

by Lainie Grimmer

I've been doing some gardening. I've designed my garden, weeded it, enriched the soil, and planted seeds. I checked my garden before I sat down to write this article, and a couple of sprouts have popped up. The calendar says it's only March – how could this be? The garden I'm cultivating is the Garden of Me.

Each of us is a gardener, the cultivator of our lives. Even if you don't have a plot of earth for a garden, you do have the Garden of You. What is growing in your Garden of You? Have you planted your garden with encouraging thoughts, ideas and visions? Are you nurturing sprouts of joy and gratefulness? Or are weeds of negativity and discouragement choking out your flowers of optimism and energy, your dreams?

The effects of tending to your Garden of You are infinite. When you focus on cultivating thoughts that support you and weed out those which keep you small, you grow into your vision of happiness, fulfillment and satisfaction. With a little effort and a plan, you can take control of any weedy invaders and cultivate the garden that is truly you:

1. **Envision your Garden of You.** What would you like to grow in your life? Which visions will help you grow into who you want to be? What thoughts will nurture your visions and dreams? Just as marigolds planted near tomatoes help keep certain bugs away, we can create encouraging thoughts will support our hopes, aspirations and lives.
2. **Clear the weeds and enrich the soil.** How aware are you of your thoughts? Just as you discern which plants are flowers and which are weeds, scrutinize your thoughts. Do you find yourself thinking limiting or negative thoughts about your abilities, or who you are? It's time to pull those weeds! Replace them with thoughts that won't choke the growth of the Garden of You.
3. **Plant your seeds and care for them.** The Garden of You is a treasure that needs your care. Besides cultivating your garden by weeding, keep an eye out for hungry birds – also known as well-meaning people - who say your garden won't grow. And don't forget your garden needs moisture. As the ancient Chinese philosopher Lao Tzu noted: "Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions and you will cultivate success."

Plan, weed, water – and enjoy cultivating the Garden of You!

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Sarah Claudia Stout

Preparing Our Children For A Changing World

Cultivate

I'm a sort-of, part-time container gardener. I say hello to plants that are growing. Sometimes they tell me what they need. I'm starting to think spring gardening - what I'll add to the soil, seeds to buy, and a plan for a drip system. I wonder about planting and the moon, and how to keep hail off my plants.

The garden, representing life itself, reminds me that there is a rhythm, flow, care, and even skill in cultivation needed to grow our ideas and create our projects.

What does it mean to cultivate the development of a project or a goal? How do we care for it's foundational soil, so that it has a healthy birth? How do we nurture its growth?

Resonating with the questions, and Informed by my little garden, I'm harvesting:

Balance - What's the balance between vision and action? When we become aware of balance, we connect the right and left side of the brain, the heart and the brain, feminine and masculine.

Collaboration - Gardening involves collaboration with others and cultivation of relationships. Listening to and growing ideas with others seeds and feeds our projects.

Integrity - What is the cost of forcing my garden to yield more or committing myself to more gardening than fits with my life? Joyce Anastasia's book "Extraordinary Leadership" underlines the importance of a commitment to integrity in our lives.

Celebration - The first kale harvest is an event just as meaningful as the bed preparation, planting, and seeds sprouting. What happens when we appreciate and celebrate projects, even preliminary little steps?

It can get confusing. Really deep cultivation can go against present cultural norms. Our culture can reward product over process, independence over collaboration, and growth over integrity. It can forget to acknowledge small steps along the way.

Yet, attention to the rhythm and richness of life is really is up to each of us. Also up to each of us is how much love we throw into the mix.



Sarah Claudie Stout

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NERIUM™

I N T E R N A T I O N A L

Nerium offers exclusive products, with age-defying ingredients that you can't find anywhere else. This leads to unprecedented results. We observe the best of nature to find cosmetic skin-care applications and supplements that mimic natural age-fighting mechanisms. Our nature-based approach provides innovative solutions that produce exceptional results.

While we incorporate a number of tried and true ingredients into our formulas, we don't stop there. We search out ingredients developed and tested by the top universities and scientific labs in the world. This allows us to work with patented, exclusive ingredients that no other company can use or duplicate.

Unlike most skincare products, which contain a water-based foundation, Nerium formulations are created with Aloe Leaf Juice, a highly emollient and nutrient-rich source of moisture and hydration. Extracted from the leaves of the Aloe Vera plant, this powerful juice contains many beneficial properties to keep the skin healthy.

Give Yourself the Gift of Younger Looking Skin

By Pam Scotty, Director, Independent Brand Partner, Nerium International

I have personally been using Nerium AD night cream for the past 3 months. I notice much smaller pores, my skin feels and looks great, and I LOVE that it's only 1 product...no more eye cream, wrinkle cream, night cream, it's all in one and completely effective! Ask me to try the 5-day sample and see for yourself! Then ask me about the 3UR-Free program to get your Nerium AD for FREE!



Contact Pam Scotty or visit the website to find out how you can benefit and transform your life:

<http://freelexus.nerium.com> Email: info@GatewayMarketingllc.com





CENTER FOR CANINE BEHAVIOR STUDIES

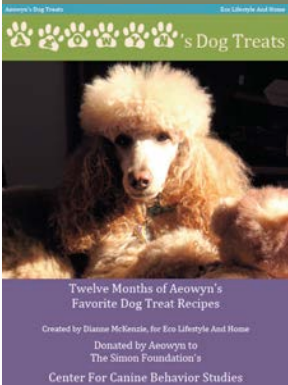
The Center for Canine Behavior Studies

If you love dogs like we do, we are asking you to visit the Canine Center For Behavior Studies. The Study's two investigators, Dr. Dodman at Tufts Cummings and Dr. Serpell at UPenn are recognized as two of the world's leading animal behaviorists. They believe the results of their Study—among many things—will help reduce the annually killing of up to 1.5 million dogs a year—in *the US alone*.

Let's Get Cooking:

If you would like to receive Aeowyn's Canine Treat Recipe Portfolio (electronic version, so you, too, can pass on the love!) contact Dianne, Aeowyn's guardian.

That's 12 months of treat recipes with techniques, tips, ingredients, photographs & more.



If you wish to receive Aeowyn's Dog Treat Recipe Booklet, just email Dianne & she will email you a copy for free!

Dianne@RealEstatePropertiesSantaFe.com

Any dog owner in the world can participate in the on-line Animal Ownership Interaction Study by anonymously completing an initial survey of about 93 questions. Every six months Study participants may be asked to answer additional questions. The Study will run for two years.

A final goal of the Study will be to publish the findings in high impact scientific journals, particularly the ones that support open-access publishing, such as PLoS One and Preventive Veterinary Medicine, and to disseminate globally their findings to animal welfare organizations, veterinarians, and animal professionals in training and behavior.

We hope you will join like-minded citizen scientist volunteer dog owners from around the world and participate in the Animal Ownership Interaction Study.

Participation is free but requires you to register for membership at the Center for Canine Behavior Studies: <http://CenterForCanineBehaviorStudies.org>

eat healthy



‘Cultivate’ is an interesting topic when referring to food...

We cultivate ingredients to nourish our bodies. We cultivate cuisine to relive tradition. We cultivate food to also cultivate relationships.

So much love goes into the cultivation of heritage ingredients. I am not talking about corporate farming and ranching. I’m talking about the farmer in Japan who delicately picks the tea leaf tips, and keeps his/her farms immaculately tended. The dairy farmer in New Zealand who writes me each year about how many calves she helped birth and the new technology she is investing in to take better care of her herd (and therefore consumers). The family in Guatemala that tends to their cardamom and coffee plants with eager attention. So much care goes into the cultivation of fine food products that feed our bodies and souls.

Traditions play out extensively through food. I love the traditions that people tell me about when purchasing spices. A Persian woman came into my store while I had out a large bowl of rosebuds. She smiled in a melancholy way and described her mornings in her old country. In Iran, the day begins with the spreading of the *sofreh* (a cotton cloth covered in prayers and poems) over a Persian rug. Sweet tea, feta, and crusty breads are accompanied by honey and jams, fruits and nuts, yogurts and (of course) spices. Her meals usually included the whole family where a sense of self and tradition was cultivated. I enjoyed listening to her stories and exploring our spices through her eyes.

We cultivate relationships through food. When dating, we usually schedule around a meal. Dinner and a movie? Family reunions often take place around the table, laden with tradition-filled foods. I have trouble naming many relationship events that are not based around food. Because of this we associate certain foods with certain people. I will always associate wild game with my father, who taught me to hunt from an early age. We built a strong relationship through those hunts for meat, and a deep understanding and respect for our game. Not only did I cultivate the relationship with my father, but also the relationship that I have with food.

Food is so intensely personal. That is why people share their stories they have cultivated through cuisine, traditions, and relationships. And I love that I get to share them with you.



Kate Wheeler, owner/operator - Savory Spice Shop is your local destination for over 400 spices & seasonings. Also offering cooking classes and private events.

Savory Spice Shop in Santa Fe

225 Galisteo Street, Santa Fe, New Mexico 87501

P: (505) 819-5659 F: (505) 466-5682 E: santafe@savoryspiceshop.com

Follow on Facebook: facebook.com/SavorySpiceShopSantaFe



by Francis Phillips

Let Your Home Pay For Your Renovations

You love your home, but you might love it even more if you could remodel the kitchen, update the bathroom, or fix up the guest casita. You'd take on a project or two this spring if only you had the money.

Guess what? You may be living in the answer to that problem.

The recent drop in oil prices and the shake-up in the Chinese stock market have combined to do something no one expected: Interest rates have been pushed back down to 2 year lows. Those low rates, combined with the price appreciation you may have in your home, could make it possible for you to refinance, take cash out, and make those upgrades you want. It's entirely possible that you will decrease your overall debt as well, because with a lower rate and/or shorter term, you will be spending less over the life of the loan.

When I say "cash-out refinance," I'm not talking about a Home Equity Line of Credit (HELOC). Those loans have higher adjustable rates that can increase over the life of the loan. I'm talking about fixed rate loans. At the time that I'm writing this (mid-February), Annual Percentage Rates (APRs) for conventional fixed rate loans are high 3's for 30 year loans, mid to high 3's for 20 year loans, and low 3's for 15 year loans.

There's another consideration, too. Once you have made your upgrades, you may have added value to your home. It's unlikely to be a dollar-for-dollar return, but if you are doing this to improve your enjoyment of your home, it will pay off in a better living experience too. There are many places on the internet to research the value of home remodeling projects so you can see what kind of return you may receive for the dollars you invest. You can Google search terms like "value of remodeling projects" or "cost vs value" to compare, but here are some general suggestions based on articles and studies I have seen:

1. The kitchen is the heart of the home. People want a good layout. Flexible open plan kitchen/living/dining areas are still popular. If you don't want a total remodel, stainless steel appliances, quartz countertops (more practical than some other surfaces) and freshly painted cabinets can work wonders.
2. Make your home ageless. The population is aging, so why not make some changes that are practical and appealing? How about a laundry room near the bedrooms, a walk-in shower, or comfort-height toilets? If your house has a second story, think about creating a master suite on the ground floor. Let the kids and guests climb the stairs!
3. Maintenance matters. This isn't very exciting, but there's no point in spending money on a spa-remodeled bathroom if the roof leaks or the stucco is falling off. Make sure safety and energy-efficiency issues are on your list too. Lower energy bills are a plus.

Continued on next page »

« Continued from previous page

4. Leave a good first impression. I've seen some amazing house front "before and after" photos on renovation sites. Paint, a new door, trimmed or upgraded planting, a new path – there are some reasonably priced projects that can make a big impact.

Finally, what about home price appreciation? I would never try to forecast, but looking at the last year (comparing December 2014 to December 2015), the median price of all homes sold in the City and County of Santa Fe (combined) went from \$327,000 to \$419,800. That's a big jump, influenced by tight inventory, but it appears that Santa Fe is coming out of the slump, and your home may already be worth more than you realize.



Francis Phillips, NMLS #193642, is Senior Mortgage Loan Originator with First Choice Loan Services Inc. in Santa Fe. He has served as director of business development for national mortgage companies. He and his mortgage partners have funded and built three homes for Santa Fe Habitat for Humanity. Contact him at fphillips@fcbmtg.com or 505.982.3400.



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Cultivating The Spirit of Taos Ski Valley Real Estate Properties

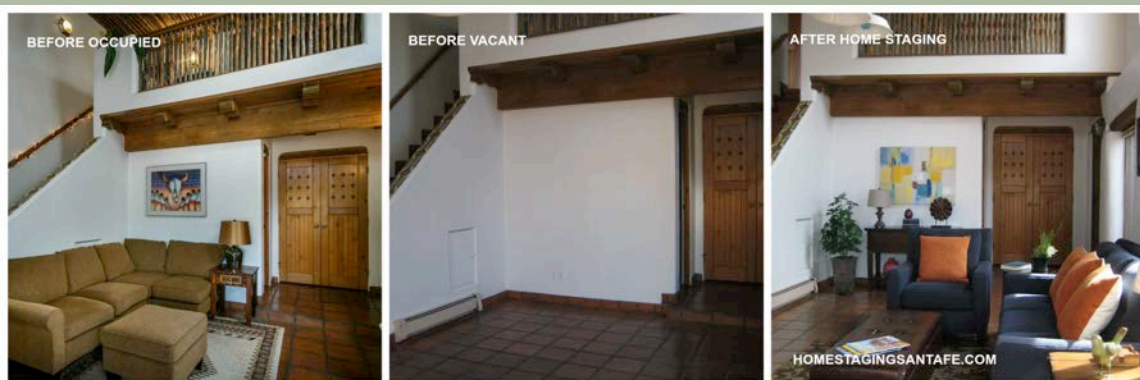
Home Staging + Design with Debbie DeMarais

Cultivate a Salable Property

Selling a home requires careful consideration, including which agent to use, when to sell and for how much. The property's condition should also be considered to determine whether updates, maintenance or a remodel are necessary. An often-overlooked area when selling a property is how the home is 'dressed' inside and out.

Addressing the interior helps to cultivate a marketable commodity:

- Distractions and uninviting entryways and lack of curb appeal suggest neglected conditions inside the home.
- Room layout and placement of furnishings are critical for flow and transition.
- Excessive use of personal objects and decorative items, as well as controversial themed décor can hinder a quick sale.
- Personal style, including wall color can limit buyer interest.
- Furnishing style and décor is it appropriate to the listing price.



Whether the home is occupied or vacant, a buyer will expect the interior of the home to reflect a certain lifestyle based on the listing price. The home must feel attractive, comfortable and harmonious, as it flows from one room to the next. Furnishings and décor should be attractive, in good condition, and up-to-date. Enhancing the features and characteristics of the home, plus reducing areas of distractions will be important. With guidance tenants can live comfortably, with their belongings, in a staged home.

The home in the image was listed for 132 days while occupied, then vacant, with a price reduction. Lack of buyer interest prompted the seller to professionally stage the home to improve its position in the market place, plus increase opportunities for a quick sale. The home now poised to showcase its potential to a wider buying audience and receive positive reviews, (home was recently staged, unable to provide current market history). Whether a home is occupied or vacant, home staging improves a homes position for salability in the marketplace.

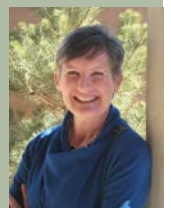
Debbie DeMarais, HSR Certified Home Stager, ASID, Allied Member

Home Staging + Design

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Monthly Market Report Albuquerque

GAAR GREEN SHEET January 2016



A condensed overview of the monthly statistical highlights.

Active Listings

Detached: 3,021
Attached: 321

🕒 One year ago
Detached: 3,741
Attached: 357

% Change (Detached)
-19.25%

Pending Listings

Detached: 912
Attached: 92

🕒 One year ago
Detached: 855
Attached: 69

% Change (Detached)
6.67%

Closed Listings

Detached: 594
Attached: 45

🕒 One year ago
Detached: 537
Attached: 48

% Change (Detached)
10.61%

Average Sale \$

Detached: \$217,247
Attached: \$133,871

🕒 One year ago
Detached: \$203,468
Attached: \$140,544

% Change (Detached)
6.77%

New Listings

Detached: 1,136
Attached: 128

🕒 One year ago
Detached: 1,240
Attached: 104

% Change (Detached)
-8.39%

Days on Market

(Average)

Detached: 64
Attached: 66

🕒 One year ago
Detached: 81
Attached: 72

% Change (Detached)
-20.99%

Sales Volume

(in Millions)

Detached: \$129.0
Attached: \$6.0

🕒 One year ago
Detached: \$109.3
Attached: \$6.7

% Change (Detached)
18.02%

Median Sale \$

Detached: \$175,000
Attached: \$132,000

🕒 One year ago
Detached: \$169,500
Attached: \$135,000

% Change (Detached)
3.24%

Closed Sales by Market Area

MLS Area	City/County	2014	2015	2016	% Change
Areas 10 - 121	Albuquerque	355	341	408	19.65%
Area 130	Corrales	9	5	8	60.00%
Areas 140 - 162	Rio Rancho	100	108	114	5.56%
Area 170	Bernalillo	5	8	4	-50.00%
Area 180	Placitas	5	6	2	-66.67%
Areas 210 - 293	East Mtns. / Estancia	29	28	25	-10.71%
Areas 690 - 760	Valencia County	36	41	33	-19.51%

SOURCE: Greater Albuquerque Association of REALTORS® - based on data from the Southwest Multiple Listing Service. Data is deemed reliable not guaranteed. The SWMLS market areas include: City of Albuquerque, Corrales, Placitas, Rio Rancho, Bernalillo, East Mountains/Estancia Basin and most of Valencia County. The Green Sheet contains the same information reported on the full monthly report.

Albuquerque Real Estate News with Cecilie Bodman

Featured Listings in Albuquerque Area

6 Calle Cobre Placitas, NM 87043 MLS# 848856 \$490,000

Single Family 3,096 sqft | 4 Bedrooms/ 3 Baths | 2 garage spaces | 2 Stories | Price per sqft: \$158.27



Especially Lovely, Spacious Southwestern Home W/3 or 4 Bedrooms, Office Space, Studio, Exposed Adobe, Kiva Fireplaces. Dramatic Views Of Sandias, Cabezon, Jemez Mtns, Mesas, & City Lights. Just 12 Minutes And 12 Miles From Abq, But A Different World. Country Kitchen with custom cabinets, island and bar. Greatroom Design, Super For Entertaining. 2nd Master Up. Saltillo Tile/Vigas/Split Cedar Latillas/Kiva Fireplaces, Custom Cabinets through out home, 10ft Ceilings, Views From Every Room. Passive Solar Orientation. Wondrous Outdoor Spaces, Courtyards. Two Car Garage With Storage/Workrooms. Room For Horses. Mature Landscaping provides Shade, Color & Privacy. Close to Rail Runner and 30 mins from Santa Fe.

This home has interesting Native American historical information. It has been said to have high frequency geological zones also called " sacred" areas and the high frequency of the Sandia Mountain Triangle. Great location for those who meditate and do sound healing or Matrix Energetics or similar newer methods.



Deals of the Decade:

I specialize in helping clients increase their wealth through Real Estate. I invest in real estate and have rental properties that create cash flow. I always find "deals of the decade" which are three bedroom, two bath, two car garage in great school districts you can rent for more then the mortgage.

All are priced under the market and could be rented for the mortgage payment and more. I may be able to write agreements on many of the homes with the owner paying the down payments and/or most of the closing costs. I would love to empower you to make educated decisions on your investments. Interest rates are still at historic lows!



Find out
what your
homes is
worth! Call
me.

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Albuquerque, NM 87111
Cell: 505-250-1356
Email: abqgold@ymail.com
Web: <http://abqgold.com>

Aldea SOLD: Lot 15 Camino Barranca

Santa Fe Report - Aldea

Real Estate News from Dianne McKenzie

Representing the Buyers!



Lot **SOLD** custom home design and construction.

We are pleased to announce the sale of 15 Camino Barranca Lot in Aldea. The Buyers have hired John Halley, of Comet Studios, to design their new home and they have hired Aldea builder, Jim Salopek to build it. This is a wonderful group effort with realtor, design & build team and, of course a very special client.

Breaking ground very soon!!!



Jim Salopek, M 43 LLC,
Fine Home Building
Cell: 505.660.8801

Thirty five years of residential and commercial property development, construction management and renewable energy experience. This includes all aspects of a major homebuilding company: lot development, building construction, sales, customer service, office administration and renewable energy installations. **Web:** m43finehomebuilding.com



Comet Studios specializes in providing environmentally conscious planning, design & development services for a wide variety of sustainable project types – from small cabins to custom homes, custom estates, mixed-use commercial projects, land development projects, real estate developments and eco-communities.

Contact John Halley for a free consultation:
Web: CometStudios.com | **Cell:** 505.231.1454 | **Email:** comet@CometStudios.com
Studios: 17 Plaza Nueva, Santa Fe, New Mexico 87507

2016 Aldea Stats: Sold, Pending & Listed

Sold: 4 Homes, DOM 216, 2 Lots, DOM 490

Pending: 8 Homes, 2 Lots

Listed: 5 Homes, avg \$541,360, 8 Lots

Santa Fe Report - Aldea

Real Estate News from Dianne McKenzie

The market has been slow, typical for this time of year. The inventory in Aldea is very low right now with only 5 homes on the market. There are 8 homes pending and 2 lots pending. Prices have not risen with an average days on the market around 216 for homes.

Townhouses sell fairly quickly and are in demand, as many buyers want a smaller, less expensive property for a second home. Rentals are few and far between and often rent within hours of being listed. There is a high demand for townhome rentals at this time.

I just sold 15 Calle Amistosa. A 3 bedroom townhouse with roof deck views to the east Santa Fe mountains! This townhouse is an end unit and in very good condition, closing at \$349,500.



I get inquiries every day from people who stop in the office on Aldea Plaza. If you are thinking of listing your Aldea property, why not list it with a realtor who will **market** the property, not just list it in the MLS? By actively marketing your property, the property gets the most exposure to other realtors and to the general public through online blogging, email campaigns & the typical MLS exposure. I have a track record for selling properties in the shortest amount of time. Contact me to discuss your property needs today!

LISTING COUNT:					DAYS ON MARKET:									
TOTAL	HIGH	LOW	AVG	MED	LIST PRICE:	HIGH	LOW	AVERAGE	MEDIAN	TOTAL PRICE				
5	171	7	68	22		\$649,900	\$362,900	\$541,360	\$575,000	\$2,706,800				
					SOLD PRICE:	\$0	\$0	\$0	\$0	\$0				

LISTING PRINT OUT

Address	Price	Original Price	TotSF	\$/TotSF	BD	BA(FTH)	Levels	Inters teps	Type	MLS #	DOM	Stat Date	Bank Own ed	Short Sale	Photo
6 ARROYO PRIVADO	\$362,900	\$362,900	1,567	\$231.59	3	2(1 1 0)	Split or Tri-Le	Yes	Single Family	201600587	22	2/19/2016	No	No	
105 AVENIDA ALDEA	\$530,000	\$559,000	2,470	\$214.57	3	3(2 0 1)	Single	No	Single Family	201504805	128	10/28/2015	No	No	
1 Calle Siete Casas	\$575,000	\$599,900	2,855	\$201.40	3	3(3 0 0)	Single	No	Single Family	201504291	171	9/16/2015	No	No	
25 Vista Precioso	\$589,000	\$589,000	2,850	\$206.67	4	3(3 0 0)	Two Story	Yes	Single Family	201600679	7	2/26/2016	No	No	
7 Calle Vista	\$649,900	\$649,900	2,700	\$240.70	4	3(2 0 1)	Single	No	Single Family	201600586	14	2/19/2016	No	No	

Equal Opportunity Housing * All information deemed reliable, but not guaranteed. All information herein has not been verified and is not guaranteed.

2016 Las Campanas Stats: Sold, Pending & Listed**Sold:** 11 Homes, DOM 193, 1 Lots, DOM 32**Pending:** 11 Homes, 0 Lots**Listed:** 55 Homes, avg \$1,282,923, 75 Lots, avg \$127,110

Las Campanas Report: Homes & Lots



There are currently 55 homes for sale in Las Campanas. There are currently 24 Homes under \$1,000,000 in Las Campanas. There are currently 31 Homes over \$1,000,000 in Las Campanas.

There are currently 75 Lots for sale in Las Campanas. There are currently 36 Lots under \$100,000 in Las Campanas.

There are currently 39 Lots over \$100,000 in Las Campanas. View one photo per property. For additional photos or a tour call: 505.603.9300.

The total number of lots sold in Las Campanas doubled in 2014 compared to 2012 – from 22 to 47.

- Average Lot prices increased 30% during the same time period: from \$73,000 in 2012 to \$95,000 in 2014.
- Last year, 62 resale homes were sold in Las Campanas. So far this year, 54 have sold and another 11 are pending – total will be 65 -- and the year isn't over yet!
- 28 new homes are currently under construction in Las Campanas.
- Spec builders are investing once again in Las Campanas – and many are selling their homes before they completed!

To keep the momentum high in Las Campanas, the developer is offering these incentives on developer-owned Homesites:

- On homesites over \$100,000: a full-equity golf or social membership at the Club at Las Campanas, which can be activated at closing, or taken as an option for up to 2-years while you build your dream home.
- On homesites under \$100,000: a \$5,000 credit at the La Fonda Hotel for rooms, food and beverage, gift shop, and/or any services offered by the hotel.

Call me, Dianne, 505.603.9300, for a tour of Lots & Homes in Las Campanas.

MOBILITYRE

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E1659
to: **32323**

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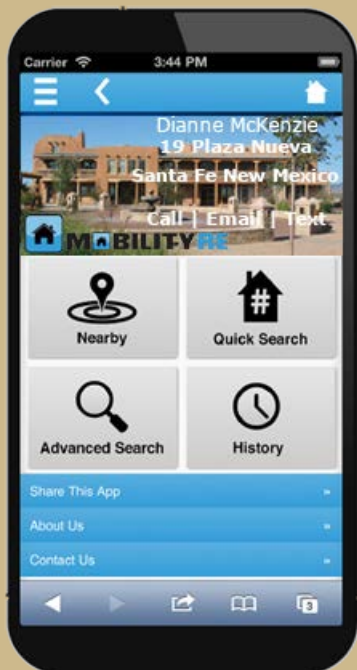
Over 4.1 billion text messages are sent each day in the U.S. alone. Apples App Store surpassed over 40 billion app installs with over 20 billion earlier this year**. Googles Play Store has over 1.5 billion app installs every 30 days*.

Consumers are adopting mobile technology at a rate faster than any technology in the history of the world.

Send a text
with the message:

E1659

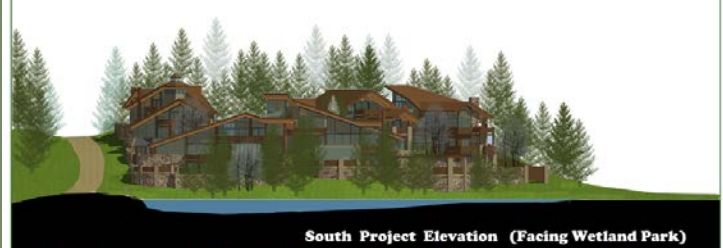
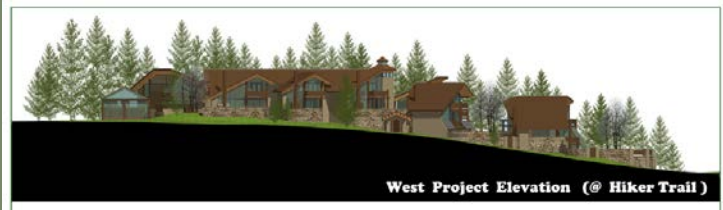
To: **32323**



MOBILITYRE is a cutting edge mobile and tablet technology firm started by real estate professionals and run by real estate professionals. The **MOBILITYRE** platform is unlike any other mobile platform in the market today – a mobile and tablet platform delivered as a service that helps buyers and sellers transform the way they utilize technology to buy or sell real estate.

Taos Ski Valley Report

Real Estate News from Dianne McKenzie



Comet Studios • 2015 Mountain Home Design Awards • **Kachina Mountain Lodge - Lot 6** • N & E Exterior Elevations

Comet Studios • 2015 Mountain Home Design Awards • **Kachina Mountain Lodge - Lot 6** • S & W Exterior Elevations

The Kachina Mountain Lodge project is now fully approved and entitled for development. This is the only available project of its kind in Taos Ski Valley. Five premiere homesites are now available for sale and construction. Don't miss this rare opportunity to own a luxury wilderness home your family will treasure for generations! <http://KachinaMountainLodge.com>. Please call John Halley, developer, for detail information, maps, home site information, floor plans etc: 505.231.1454



A E O W Y N's Dog Treats



Pumpkin, Zucchini, Carrot & Broccoli Treats

Ingredients:

- 2 cups flour (you can use any flour)
- 1 cup rolled oats (uncooked)
- 1 cup wheat germ
- 1 cup flax seed meal
- ½ cup hemp seeds
- 1 cup of zucchini grated
- 1 cup of carrot grated
- ½ cup broccoli grated
- 1 can, (15 oz) pumpkin (not pie filling)
- ½ - ¾ cup water

This recipe works well if rolled out as thin as possible.

*Parchment paper for rolling out the dough, Pizza cutter, Ruler for cutting straight lines & a dog to snoopervise.

Method:

1. Preheat oven to 350° F.
2. Place the wet ingredients, pumpkin, grated zucchini, carrots, & broccoli in a bowl. Stir until thoroughly combined. Place the dry ingredients in a bowl & mix. Combine wet & dry ingredients. Add water as needed to combine the ingredients. Divide into 4 balls.
3. Roll out dough ball between parchment paper to 1/8" - 1/16" thickness in rectangular shape to fit baking sheet. Discard top parchment paper. Transfer rectangular dough with the bottom parchment paper to baking sheet. Use pizza cutter to cut dough in parallel strips to create a checkerboard of 1" squares. Use a ruler to help cut straight lines.
4. Bake 30-40 minutes until no longer moist. Remove from oven and place upside down to remove parchment paper while hot.

"The parchment paper makes the rolling easy, with no mess & cutting the crisps with the pizza cutter is super fast. You can keep them up to 1 week at room temperature in an airtight container or in the refrigerator for up to 4 weeks. You can also freeze them! I love these crisps because they are thin & I get to eat more. More is always better than less. After all, more is more!!!!" – Aewyn





Free Reports

Free Information Request Form

Please complete the box below and place check marks next to the free reports and information you'd like to receive.

Send us your request:

Dianne McKenzie, Call: **505-603-9300**
17 Plaza Nueva – on Aldea Plaza Santa Fe, NM 87507
Email: Dianne@RealEstatePropertiesSantaFe.com

Cecilie Bodman, Call: **505-250-1356**
Email: ABQGold@ymail.com

Free Reports

- Protect Your Home From Burglars
- Five Deadly Mistakes Home Sellers Make
- Making The Move Easy On The Kids
- How Sellers Price Their Homes
- How To Stop Wasting Money On Rent
- How To Sell Your House For The Most Money In The Shortest Possible Time
- The 10 Dumbest Mistakes Smart People Make When Buying Or Selling A Home

Free Information

- Send me information about your free, no-obligation HomeFinder service.
- Send me the special computer report showing the features and sale prices of up to 15 of the most recent home sales near the following address:

_____, City: _____ or in
the _____ area.

- Please let me know the listing price and features of the home at the following address:

_____ City _____.

- Please let me know the selling price of the home at the following address:

_____ City _____.

- Please call me to arrange a free, no-obligation market valuation on my house.

Our Real Estate Team

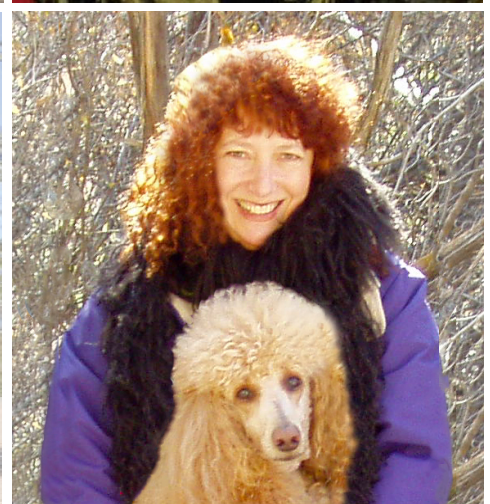
As real estate consultants, we are 100% focused on consulting, marketing properties, negotiating, & overseeing the transactional details for our clients. We are committed to making the home buying / home selling experience the best it can possibly be. Our purpose is making sure our clients are so outrageously happy with the help we provide that they gladly introduce us to the people they care about, not because they feel obligated but because they truly believe they will benefit.



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 Associate Broker
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Apricot Standard Poodle
& Service Dog

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